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SANIBEL & CAPTIVA ISLANDS, FLORIDA

NOVEMBER 26, 2021

NOVEMBER/DECEMBER SUNRISE/SUNSET: 26 6:55 • 5:36 27 6:56 • 5:36 28 6:57 • 5:36 29 6:58 • 5:36 30 6:58 • 5:35 1 6:59 • 5:35 2 7:00 • 5:36

Celebrity Birders Headline Lectures

The 18th annual “Ding” Darling Lecture Series in 2022 will bring seven authors and wildlife and art experts to Sanibel from February 4 through March 25, including highly acclaimed birding guides David Allen Sibley and Richard Crossley. Lectures will cover topics from bald eagles to ornithotherapy and nature art.



David Allen Sibley

Due to the uncertainty of ongoing COVID-19 restrictions at the “Ding” Darling Visitor & Education Center, five of the lectures this year are again scheduled at The Community House, located at 2173 Periwinkle Way on Sanibel. The venue for the other two are yet to be determined.

The free lectures will occur on six

Fridays and one Thursday throughout the season. Most start at 10 a.m. “Ding” Darling Wildlife Society (DDWS) will be filming lectures and broadcasting them on YouTube and www.dingdarlingsociety.org when possible.

Seating for the free lectures is limited to a first-come basis. About 200 socially distanced seats will be available. Guests must wear face masks and submit to having their temperature taken before entering.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff and board of directors.

Following is the calendar of scheduled lectures and their sponsors. Book-signings will follow all lectures, most of which start at 10 a.m. at The Community House, unless otherwise indicated.

February 4 – Author Richard Crossley, *The Crossley ID Guide: Eastern Birds* (co-sponsors: Anonymous, HighTower/Thomas & Swartz Wealth Management)

February 11 – Author Holly Merker, *Ornithotherapy for Your Mind, Body, Soul* (co-sponsors: Anonymous, sponsorships

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SCCF Board Names New CEO

Sanibel-Captiva Conservation Foundation (SCCF) has selected James Evans as its next chief executive officer. The board of trustees voted unanimously to accept the search committee’s united recommendation to appoint Evans as CEO.



James Evans

Evans will replace SCCF’s current CEO, Ryan Orgera, who is leaving at the end of the calendar year to serve as the inaugural global director of an international fisheries management project.

“In his current position, James has worked closely with Ryan on a wide variety of new initiatives, meaningful partnerships and challenging issues,” said Don Rice, president of the board

of trustees. “As this organization’s new leader, James will be respectful of the past and is well-positioned for the future. The trustees have every confidence he will maintain the momentum and path forward established during Ryan’s tenure while bringing his own vision and priorities to the job.”

Evans currently serves as SCCF’s environmental policy director. Prior to joining SCCF, he worked for the City of Sanibel for more than two decades, most recently as its director of natural resources. Evans has extensive experience in all SCCF program areas, with particular expertise in water quality research and policy, habitat management and environmental education. His long history of personnel, project and financial management will be brought to bear in his new position.

“I’m thrilled to be handing the helm over to James. His deep knowledge of our coastal ecosystems and what needs to happen to restore and preserve them is a great fit for SCCF,” said Orgera.

Evans said, “I feel like I have been a part of the SCCF family for the past two

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The 502s will perform aboard *Lady Chadwick* on December 12

photo provided

Reserve Early For Concert Cruise

Sanibel-Captiva Conservation Foundation (SCCF), in partnership with Captiva Cruises and Todd and Leanne Marcum, will host the second Pine Island Sounds cruise of the season on Sunday, December 12. The featured

band is The 502s. The fundraising concert series supports SCCF’s water quality efforts including research, policy and educational outreach.

Led by banjo-strumming songwriter Ed Isola, The 502s is a band of brothers whose sound has received critical acclaim as celebratory, wholesome and utterly life-affirming. The band is known for its

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Food And Fun At Final CROW Restaurant Crawl

The Clinic for the Rehabilitation of Wildlife (CROW) will hold its final Taste of the Islands CROW Crawl this Saturday, November 27 from 11:30 a.m. to 3:30 p.m.

Participating restaurants will offer “taste” items and donate a portion of proceeds from sales to CROW. Restaurants taking part in Saturday’s crawl on Sanibel include Blue Giraffe 2, Joey’s Custard, The Topsy Turtle, Gramma Dot’s, Sanibel Fresh, Cielo and Lazy Flamingo.

CROW’s animal ambassadors will be in the CROW tent in front of one of the restaurants, with Taste of the Islands sponsors featured on materials outside other restaurants in the region.

Diners can visit all participating restaurants and order Taste of the Islands menu items through November 30.

In lieu of admission, participants can purchase a Taste Passport with a listing and map of participating restaurants. Each restaurant will stamp the passport so patrons can track their progress. Only passport holders will be eligible to vote for their favorite restaurant to win the People’s Choice award, sponsored by



Wildlife Rehabilitation Manager Breanna Frankel with animal ambassador Mina, the great horned owl

photo provided

Rosier Insurance, and be entered into a drawing for prizes including vacation stays and gift certificates.

Passports are available for purchase at CROW, all Bank of the Islands/Edison National Bank locations, Bailey’s General Store, Huxter’s Market & Deli, or online at www.tasteoftheislands.org.

Bank of the Islands/Edison National Bank is the presenting sponsor.

Other sponsors include Waterman Broadcasting (ABC7/NBC2) as lead

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Islanders To Honor Former City Manager

submitted by
Tom Sharbaugh

Final plans are coming together for a public reception to honor Judie Zimomra for her years of service as Sanibel City Manager. Zimomra's last day as city manager was September



Judie Zimomra

29, 2021. The reception will be held on Saturday, December 4 from 3 to 6 p.m. at The Community House. RSVP is requested by calling The Community House at 472-2155, for refreshment planning purposes.

Numerous groups and individuals from around the island have submitted video clips expressing their appreciation of Zimomra's contributions to Sanibel's civic progress over the 20 years she served as city manager. The video clips will be part of a program presented at the reception, following a social hour. The reception is open to the public and offers an opportunity for the community to express their gratitude and extend best wishes as Zimomra transitions to other endeavors.

In her work as city manager, Zimomra

has touched the lives of many islanders, and they are grateful for the skills and knowledge she brought to her position. Longtime islander Steve Brown, who has worked closely with Zimomra on many civic projects over the years, said, "No matter what crisis we ran into, Judie was always in control of the situation. She was always calm and professional."

That sentiment was echoed by Tom Uhler, whose many organizational roles have given him an up-close view of how Zimomra operates. "She's a pro at operational matters, but she is also understanding and compassionate. After Hurricane Charley, when the island opened up after five days of lockdown, she had all the city council members gather at the toll booth with signs to welcome people back. It was touching and very emotional," Uhler said.

Maggie Feiner, CEO of FISH of SanCap, expressed the thinking of many, said, "For 20 years, Judie has built relationships, encouraged and acknowledged the importance of all nonprofits on Sanibel. She was not just city manager, but a friend, mentor to many, and always volunteering her spare time with a smile."

Teresa Riska-Hall, executive director of The Community House, said "This is exactly the type of event The Community House was created for... a place where the whole island can gather to mark important occasions. In that spirit, we are happy to be able to host this reception for our retiring city manager."

The Community House is located at 2173 Periwinkle Way on Sanibel.*

FISH Providing Holiday Meal Baskets

FISH of SanCap offers a holiday meal basket to families as part of its programming. Baskets are offered to households who are known to FISH through participation in other programs, or referred by community members. Last year, FISH holiday meals fed over 1,200 neighbors for Thanksgiving and Christmas combined, and an increase is expected this year.

Thanks to donors, community partners and volunteers, baskets of food, which include vegetables, traditional sides, holiday goodies and a gift card to purchase a protein of choice, will be assembled and distributed in time for the holiday. Distribution for the Christmas holiday will take place from 9 a.m.



FISH clients with Christmas meal baskets photo provided

to 4 p.m. December 21 to 23. Those receiving baskets are encouraged to make an appointment for pick up. Delivery may be arranged on a case-by-case basis.

"Many haven't caught up from lost hours and reduced earning opportunities since the beginning of the pandemic," said Maria Espinoza, assistant executive director of FISH. "We hope to take some of the financial burden off while focusing on the spirit of the holiday by providing a food basket with all the fixings for a wonderful holiday meal."

If you or a family you know is in need of a holiday food basket, contact FISH at 472-4775. Additional assistance around the holidays includes Adopt-A-Family, toy drive and Smile Boxes for seniors.*



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Sanibel Historical Museum And Village

Looking Back: Episcopal Church

To raise funds for the fledgling Episcopal church in the mid-1950s, Elise Fuller, Jeane Jack and Fanetta Stahlin modeled clothes from the Sea Horse Shop at a Casa Ybel fashion show. For some years, the Episcopal congregation worshipped in the Casa Marina tea room before St. Michael & All Angels Episcopal Church was built in 1961.

The Sanibel Historical Museum and Village is located at 950 Dunlop Road, next to BIG ARTS. Hours are 10 a.m. to 1 p.m. Tuesday through Saturday. Guided tours are available by reservation, based on docent availability. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children. For more information, visit www.sanibelmuseum.org or call 472-4648.*



Elise Fuller, Jeane Jack and Fanetta Stahlin
photo courtesy
Sanibel Historical Museum and Village

Regulations For Holiday Displays

The City of Sanibel reminds homeowners and business owners that holiday decorations – lighting and displays which are clearly incidental, customary and commonly associated with any national, local or religious holiday

– are permitted beginning the day before Thanksgiving, Wednesday, November 24 through January 9, per Sanibel Code of Ordinances, Section 106-3.

Beginning January 10, all holiday decorations, lighting and displays which are clearly incidental, customary and commonly associated with any national, local or religious holiday are not permitted.

For more information, contact the code enforcement office at 472-4136.*

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS

Shabbat services including Torah reading at 7:30 p.m. led by Rabbi Stephen Fuchs and Cantor Murray Simon. Services at Sanibel Congregational United Church of Christ in Fellowship Hall and on Zoom. Saturday morning classes at 9:45 a.m. on Zoom. Email batyamsanibel@gmail.com for links to services and information, 2050 Periwinkle Way.

CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Worship services every Sunday at 11 a.m., November 14, 2021 through April 24, 2022. Sunday services posted on the chapel's website, www.captivachapel.com and www.facebook.com/Captiva-Chapel-By-The-Sea. 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 7:30 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST

Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH

Sunday services at 9 a.m. and 11 a.m. in

the Sanctuary. View the Sunday services via livestream at 9 a.m. or later online at www.sanibelchurch.com. Sanibel Community Church is an evangelical, non-denominational congregation, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. Sunday Worship at 7:45, 9 and 11 a.m. www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Pastor, Saturday Vigil Mass at 5 p.m., Sunday Mass at 9:30 a.m. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Bill Van Oss, Rector. Service schedule through April, Saturday at 5 p.m., Sunday at 8 a.m. and 10:30 a.m. The 10:30 a.m. Sunday service is also livestreamed at www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.

Email changes to press@islandsunnews.com or call 395-1213.*

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The Community House

Community House Calendar

Letting Loose with Watercolor classes with Anita Force Marshall are offered on select Tuesdays from 9:30 to 11 a.m. The subject for the December 7 class is the monarch butterfly. Cost per class is \$35 for members and \$40 for guests. Register online at www.sanibelcommunityhouse.net or call 472-2155. Watercolor rental kits are available for \$10.

On Saturday, December 4 from 3 to 6 p.m., the Friends of Judie group will be hosting a "Thank You Judie" reception for outgoing Sanibel City Manager Judie Zimomra. There is no charge to attend but RSVP is requested to office@sanibelcommunityhouse.net.

The Community House cookie

photo by Logan Hart

exchange will be held on Sunday, December 5 from 5 to 7 p.m. Sign up by calling 472-2155 or email office@sanibelcommunityhouse.net.

Shellcrafters are on site every Monday from 9 a.m. to 1 p.m. A shell crafting class is offered at 10 a.m. There is no charge to attend the class; supplies range between \$3 and \$5.

Aerobics with Mahnaz Bassiri is offered in two sessions on Monday, Wednesday and Friday; 9 to 10 a.m. and 10:30 to 11:30 a.m. Bring your own weights (optional). Cost per class is \$5 for members and \$10 for guests.

Line dancing is offered on Tuesdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

Social Bridge is in play on Tuesdays from 1 to 3 p.m. Cost is \$5.

Painting with Friends is held on Wednesdays from 1 to 4 p.m. Bring a work in progress and your own supplies.

Cost per class is \$10.

Chair stretching exercises with Mahnaz Bassiri are offered on Thursdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

The Sanibel Hearts Club meets every Friday at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome. Cost is \$5.

Sanibel-Captiva Art League is exhibiting works by Maureen Ginipro through November. The exhibit can be viewed from 9 a.m. to 3 p.m. Monday through Friday or virtually through www.sanibelcommunityhouse.net.

The Community House is looking for sponsorships for Line Dancing classes taught by Marie DiRosa in the amount of \$200 per month and for Aerobics with Mahnaz Bassiri in the amount of \$1,500 (or a portion thereof for the weekly classes offered). Contact Allison at office@sanibelcommunityhouse.net if you are interested in sponsoring either of these programs.

Shell Critter Kits to Go are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit; shipping is \$8 additional.

Art Kits to Go are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. Visit www.sanibelcommunityhouse.net or call 472-2155. CDC guidelines are being followed.✱

Shell Found



Caryn Atkins photo provided

Caryn Atkins of Myrtle Beach, South Carolina found a junonia in front of Sanibel Moorings Resort on November 4. She found the shell shortly after sunrise in a tide pool during low tide. She has been regarded by her family as not having much of a knack for finding nice seashells while visiting Sanibel, but now she has finally found her junonia.✱

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OBITUARY

CAROLYN SLAWSON DECOSTER

Carolyn Slawson DeCoster died in her sleep of natural causes on October 27, 2021 in Fort Myers, Florida.



Carolyn was born June 13, 1930 in Mineola, New York to Robert and Florence Slawson. The youngest of three children, she attended high school in Garden City, New York and Milwaukee Country Day School in Whitefish, Wisconsin. She attended Northwestern University in Evanston, Illinois, where she became a member of the Delta Gamma sorority. In 1951, Carolyn married Robert Lewis Stahl in Milwaukee. They raised their four children in Wilmette, Illinois, where they made lifelong friends and celebrated holidays with their extended family. They were later divorced. In 1972, Carolyn married Donald W. DeCoster Jr., and together they shared 36 wonderful years. For nearly

two decades, they lived in Sunfish Lake, Minnesota, and enjoyed spending time with their blended family of seven children and grandchildren, sailing off Madeline Island, Wisconsin, playing golf at Somerset Country Club and traveling the world. Carolyn proudly graduated from Metro State University in 1975 and later worked for a nonprofit organization supporting women entering the workforce. She also co-owned the Paperback Trader, a used bookstore on Grand Avenue in St. Paul. A former board chair of the St. Paul YWCA, she was active in the garden club and cultivated a love of flowers throughout her life. Carolyn had an active social life, enjoyed tennis and golf, knitting, needlepoint, reading and crossword puzzles. Carolyn cherished her relationships with her family. She spent many hours researching her family's genealogy and successfully applied for membership to the General Society of Mayflower Descendants. In retirement, Carolyn and Don moved to Sanibel, Florida, where they lived for two decades, had a large circle of friends, volunteered for local nonprofits, and became members of Sanibel Congregational United Church of Christ. After Don's death in 2008, Carolyn

spent many happy hours with her neighbors at Shell Point Retirement Community and the church group where she met her special friend, Iver Brook. Carolyn was feisty, opinionated and a keen observer of the world. She kept tabs on the latest news by text, email, newspapers and social media. She was widely admired and loved by her large family and friends throughout the country. She is survived by her four children, Nancy (Don) Melton, Peter (Stacey) Stahl, Tom (Susan) Stahl and Amy (Kevin Learned) Stahl; her grandchildren Eric (Melissa) Braem, Justin (Bahareh Harandi) Braem, Whitney and Stephanie Stahl, Bradford and Grace Stahl, Quinn and

Drew Stuebner; great-grandchildren CeCe Braem and Lyla Braem, brother Robert (Jeanne) Slawson and sister Barbara Larson Peters; stepchildren Alida (Perry Beider) DeCoster, Claire DeCoster and Don DeCoster III, two step-grandsons, a step-great-grandchild, and nine nieces and nephews. A celebration of Carolyn's life will be held at 1 p.m. on Saturday, December 4 at Sanibel Congregational United Church of Christ, 2050 Periwinkle Way, Sanibel, FL 33957. A celebration of life is tentatively planned for summer 2022 in St. Paul. Donations to Sanibel Congregational United Church of Christ are appreciated.✧

OBITUARY

CAROL DIANE SAUNDERS

Carol Diane Saunders, March 17, 1946, of Sanibel, Florida and Brookings, Oregon, passed away on October 16, 2021 in Brookings. She was born in Joliet, Illinois to Bjorn and Violet Larson and had one brother, Brian Larson.



Carol lived a rich and full life, going to the University of Illinois and earning a bachelor's degree. She moved a short

distance from home to Chicago. Later she moved to Whittier, California. She then moved to Brookings, Oregon and divided her time between Sanibel and Brookings, buying property in both states. One of Carol's many highlights was receiving Jesus Christ as her Lord and Savior. She belonged to Sanibel Community Church and Gold Beach Foursquare Church. She enjoyed witnessing her faith by giving people sand dollars, a shell that relates to the life of Christ. Carol was an avid beachcomber and shell collector. She received awards though the years at the Sanibel Shell Festival and was known by many as "The Shell Lady." Carol loved her many nieces and nephews. She was preceded in death by her husband, Ted Saunders.✧



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Former City Manager Earns Tourism Award

by Wendy McMullen

Former City Manager Judie Zimomra received yet another award last week.

This most recent award was from the Lee County Visitor and Convention Bureau in recognition of her helping secure more than \$30 million in tourist tax grants for beach and shoreline projects on Sanibel.

The award, named Junonia – a shell known for its rarity and quality – recognizes those who greatly enhance Lee County tourism.

Lee County Commission Chairman Kevin Ruane and Commissioner Brian Hamman said Zimomra had always been a champion for Sanibel and tourism, and a tireless advocate for ideas that improved the guest experience and quality of life for residents.

Zimomra said she has always approached the relationship between Sanibel and the Lee County Tourism Development Council as a partnership. It is the funds from tourist bed taxes that provide grants used to preserve Sanibel's beaches and improve biking and traffic management.

"We have invested in high quality facilities, which enhance the quality of life for our residents and the experience of our visitors," Zimomra said. "At this time, our challenge is not to be 'loved to death' by too many visitors."

Zimomra steered Sanibel through a number of potentially catastrophic events, including hurricanes Charley and Irma, an economic crisis, blue-green algae and red tide events, and the COVID-19 pandemic. She oversaw the completion of the \$14.5 million Sanibel Recreation Center and the \$73 million sewer system and helped the city secure more than



Judie Zimomra

\$62 million in grants.

Prior to coming to Sanibel, Zimomra worked with local governments in Ohio. She earned her bachelor of arts degree from Kent State University, her master's degree in public administration from Ohio State University and her doctorate from Capital University. She is also a graduate of the Harvard University John F. Kennedy School of Government Senior Executives in State and Local Government program.

Zimomra retired almost 20 years after the day she was hired. She is now looking forward to working on genealogy and bike trips throughout the U.S. and overseas.*

City Feeling Crunch Of Staff Shortages

by Wendy McMullen

It was back in March that former City Manager Judie Zimomra called the number of positions vacant within the city "unprecedented" and warned city council that the shortage of staff was influencing the city's ability to provide services.

"Our staff has been hobbled by the pandemic," she told planning commissioners at that meeting. "We have people out because of COVID. We have women with children working late at night."

At that time, Zimomra asserted that there had been no dilution in the services that the city delivers.

That no longer seems to be the case. A letter from the Sanibel & Captiva Islands Association of Realtors to Interim City Manager Steve Chaipel expressed concern over long delays experienced by residents applying for development and building permits. One application for a development permit, begun in January, has still not been processed by the department. The association also cited a lack of communication regarding the current status of applications and the challenges posed by the new EnerGov system for online permit applications.

The planning and building

departments are not the only departments affected. The Sanibel Recreation Center is still offering a fraction of the programs available prior to the pandemic, and the police department is woefully understaffed.

In March, Zimomra attributed the shortage in staff to budget and union negotiations.

The problem, however, may stem from the decision in April 2020 to furlough 76 full- and part-time staff members because of potential cuts in revenue earned from beach parking and causeway tolls. Most cuts were made in the police and recreation departments.

A voice of caution at that time was president of the local branch of the American Federation of State, County and Municipal Workers (AFSCME), Craig Chanier. He suggested council ensure that sufficient essential core workers were kept, citing concern that the city retain sufficient staff to replace staff who fall ill with COVID. Chanier also urged council to wait two months until the property tax assessment for the island was available, urging the use of funds from unaffected revenue streams such as building and utilities rather than cutting staff.

His warnings seem to have been prescient.*

City Holiday Operation Hours

The City of Sanibel administrative offices will be closed on Thursday and Friday, November 25 and 26 in observance of Thanksgiving. City hall regular office hours will resume on Monday, November 29. If you have any questions, call 472-3700.

Refuse, recycling and vegetation waste collection by Advanced Disposal Services regularly scheduled for Thursday, November 25 will be one day later. If your regular waste collection day is Friday, November 26, waste will be collected on Saturday, November 27. The normal waste collection schedule resumes on Monday, November 29. If you have any questions, call 334-1224.

The Recreation Center will be closed on Thursday and Friday, November 25

and 26. The recreation center and pools will resume normal operating hours on Saturday, November 27. If you have any questions, call 472-0345.

Center 4 Life is currently closed.*

School Year Looks Promising

by Wendy McMullen

"They say it takes a village to raise a child. We say it takes an island," proclaimed Sanibel School Parent Teacher Association (PTA) President Jennifer Braun at The Sanibel School orientation for students entering kindergarten next year.

Braun and Jeff Muddell, president of the Sanibel School Fund, were jubilant over the large number of parents who attended orientation for kindergarten next year. Worries over declining enrollment in the island school had prompted fears that some classes would have to be combined.

Parents of more than 32 children attended, indicating a large kindergarten class and allaying fears of cuts in staff and programs. In addition, discussions with Lee County School Board officials indicate that they would now allow waivers for off island students. Earlier in the year, the school board had refused waivers unless one or both parents were working on Sanibel or Captiva. Now, students will be granted waivers if their parents can deliver them to the school.

There is good reason that many parents want their children to attend The Sanibel School. Student scores in English and math are way above those of the Lee County School District and Florida as a whole. English and math scores are in the 90th percentile in all but one grade level.

Added to this, the substantial Sanibel School Fund pays for various additional programs for students. The fund is currently being used to pay for science, engineering, technology and math (STEM) activities.

In the past, when the Florida Comprehensive Assessment Tests (FCAT) were used, Sanibel was first in the entire state for English scores and second in math. The FCAT became the Florida Standards Assessments in 2015.*

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Mike Terry

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Constance Clancy, EdD	Capt. Matt Mitchell
Suzy Cohen	Trinette Nelson
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Cindy Carter	Gerri Reaves PhD
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Lt. John Dimaria and Adam Felix unloading Christmas trees at a previous sale
photos provided

Christmas Trees On Sale Saturday

The day after Thanksgiving marks a Sanibel-Captiva Lions Club holiday tradition – the annual Christmas tree fundraiser. The old gas station at Bailey’s Center, 2477 Periwinkle Way, will turn into a wonderland of 200 premium Fraser firs, freshly cut and shipped from Michigan.

Starting on Saturday, November 27, trees will be available for purchase,



The premium Fraser firs sell out quickly Wednesday through Sunday each week, from 10 a.m. to 5 p.m. They will remain on sale through Sunday, December 19 or until supply runs out. The trees are between 5 and 10 feet in height. Lion Steve Schulz, president and chair of the sale, said, “We are fortunate to have a wonderful source of full, healthy and long-lasting premium trees. Our customers return year after year due to the quality of our trees. Last year, our trees sold out within two weeks, so be advised and shop early.” Island delivery and setup are available.

COVID-19 protocols will again be

in place this year. Hand sanitizer will be available, social distancing will be practiced and Lions volunteers will wear masks. It is also requested that customers wear masks.

The Sanibel-Captiva Lions Club began selling fresh Christmas trees more than 40 years ago. The tree sale has since grown to become one of the club’s largest fundraising events, as well as an island tradition. Schulz said, “The entire club pitches in, from set up to selling, which ensures 100 percent of our earnings goes directly to the charitable work of the Lions Club.” The Lions welcome anyone who would like to help with this fundraiser. If

you would like to volunteer, contact Steve Schulz at 233-6261.

The Lions thank Richard Johnson of Bailey’s for providing space for the sale and continued support of the club. The club also thanks Sanibel Fire Rescue District members who help with unloading the trees.

Sanibel Captiva Lions meet the first and third Wednesday of the month with a guest speaker once a month at The Community House. Meetings begin with cocktails and appetizers at 6 p.m. and dinner at 7 p.m. Visiting Lions and anyone interested in becoming a Lion are welcome. For more information, visit www.sanibelcaptivalions.org or stop by the tree lot to learn more about the work Lions do for the community.

For more information, email stevensschulz@comcast.net.

Red Kettle Bell Ringers Needed

This year’s Salvation Army Red Kettle program runs from Friday, November 26 to Friday, December 24. Sanibel bell ringers will be on duty from 8 a.m. to 7 p.m. Monday through Saturday. Volunteers are needed, preferably for a two-hour session. Sign up online at www.registertoring.com. Log in with your email and password, and choose your date(s) and time(s).

Coordinators for this year’s campaign are John MacLennan, 401-932-4383, and Susan MacDowell.

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Funnel-shaped flowers are the plant's main appeal photos by Gerri Reaves

Plant Smart
Madagascar Rubbervine

by Gerri Reaves

Madagascar rabbervine (*Cryptostegia madagascariensis*) has long been cultivated as a landscape and house plant because of its glossy foliage and pretty flowers. However, scientists currently recommend not planting this ornamental because of its high invasive potential. The climbing shrub is now listed as a category II invasive pest plant by the Florida Exotic Pest Plant Council. Category II status means that the species has increased in abundance or frequency but has not yet altered Florida



Madagascar rabbervine is a fast-growing invasive shrub

plant communities to the extent shown by Category I species, which have already caused documented ecological damage. A native of Africa, Madagascar rabbervine has proven to be an invasive problem in various countries, as well as the state of Hawaii. Fast growth, longevity and seeds that are dispersed by wind and water increase the invasive potential. This member of the milkweed family

has strong woody stems that exude a milky sap, or latex, when broken, thus the common name. Contact with the sap can cause serious skin irritation. Prominent warty spots, or lenticels, dot the stems. The opposite oblong leaves measure up to five inches long. Evergreen and leathery with glossy upper sides, they grow in winged pairs along the stems. The funnel-shaped flowers are lavender to pink with a deeper colored

throat. The five petals form an attractive over-lapping, or pinwheel, arrangement. A pair of pointed angled pods appears at the branch ends and split open to release numerous seeds attached to white silky hairs. If this species is in your yard, consider replacing it with a native or Florida-friendly species. Sources: *500 Plants of South Florida* by Julia F. Morton, www.cabi.org, <https://dlnr.hawaii.gov>, and <https://weeds.brisbane.qld.gov.au>. *Plant Smart* explores the diverse flora of South Florida.*

From page 1
New CEO

decades. I have worked closely with many of our dedicated and talented staff for quite some time and am eager to lead them in writing the next chapters of this great organization's impressive conservation story." After a six-week transition period, Evans will assume his new role as CEO on January 1. Rice added, "I'd like to thank the seven former board presidents and current trustees who participated on the search committee." SCCF's mission is to protect and care for Southwest Florida's coastal ecosystems. The nonprofit's work focuses on environmental education, land and wildlife, policy and advocacy, sea turtles and shorebirds, and water quality research. For more information, visit www.sccf.org.*

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The costume jewelry boutique is a popular attraction

photo provided

Church Bazaar Next Friday

Sanibel Community Church Women's Ministry will hold its Holly & Ivy Bazaar on Friday, December 3 from 10 a.m. to 8 p.m. in Fellowship Hall. Lunch will be available from 11:30 a.m. to 1:30 p.m.

There will be a large selection of handmade items, home and Christmas decor including hand painted ornaments and decorated wreaths and trees, and a costume jewelry boutique. Proceeds provide support for local and global missions partners.

The bake sale will offer homemade plated baked goods, filled cookie jars, jam and fresh from the grove nuts.

The silent auction will provide an opportunity to bid on many donated items including a Wisconsin lakeside cabin stay,

Gulf Breeze Cottage stay, Adventures in Paradise sunset cruise, golf packages at The Dunes and Shell Point, interior redesign by Lynn Sauls, Broadway Palm Dinner Theatre tickets, Schwinn Cruiser three-speed tricycle, fishing trip, Amish quilt, and merchant and restaurant gift certificates. Shoppers can bid on these items from 10 a.m. to 7:30 p.m. Bidding officially ends at 7:30 p.m.; winners announced at 8 p.m.

There will also be a Luminary celebration with activities from 5 to 9 p.m. in the church courtyard, including a live nativity, petting zoo, snowball play area, food and Christmas carol sing-along in the historic chapel.

Sanibel Community Church is located at 1740 Periwinkle Way next to Jerry's Shopping Center. Weekly Sunday Worship services are held at 9 and 11 a.m. Christmas Eve services will be held at 4, 6 and 8 p.m.✱

Gifts Needed For Local Families

According to a study from Deloitte LLP in response to inflation and spending released late October, figures show that 11.5 percent of U.S. holiday shoppers plan not to spend anything on gifts and services this holiday. For those who don't plan to spend, almost two thirds make less than \$50,000 a year and about one in eight of the non-spenders makes \$100,000 or more, the study noted.

For many neighbors served by FISH of SanCap, under-employment and lost income continue due to the health crisis. Others are experiencing medical emergencies, live on low fixed incomes, or have encountered other circumstances that limit income.

Assisting neighbors through the Adopt-A-Family Program is a simple act of kindness that can make all the difference in the world to a neighbor this holiday season. The Adopt-A-Family program provides an opportunity to pay it forward for someone who is struggling. FISH will supply a wish list from Adopt-A-Family participants. Donors shop for gifts (all items must be new purchases), then drop off unwrapped gifts at the FISH Walk-In Center, located at 2430-B Periwinkle Way, by Monday, December

13 between 8 a.m. and 4 p.m.

FISH volunteers will sort, wrap and deliver gifts to neighbors in time for the holiday. Volunteers working on this program will follow strict safety measures that include wearing masks, social distancing and using hand sanitizer.

If you or someone you know can benefit from this program, call 472-4775. Individuals and businesses can become Adopt-A-Family donors.✱

Luminary Brass Performance

As you stroll this year's Luminary holiday trail on Friday, December 3, stop by Olde Sanibel Shoppes, located at 630 Tarpon Bay Road, for some new takes on traditional holiday music.

Sanibel's Island Brass will perform updated arrangements of time-honored holiday favorites such as *Jingle Bells*, *God Rest Ye Merry Gentlemen*, *We Three Kings*, *Jolly Old St. Nicholas*, from 5:30 to 8:30 p.m. on the Over Easy Cafe patio. Starting at 8 p.m., there will be a sing-along of familiar carols.

Island Brass features: Mary Zitnik and Liz Pisciotto, trumpets; Claudia Burns, French horn; Mike Ciccarone, trombone; and Bill Loeb, tuba.✱



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Low And Slow During The Cold



by Capt.
Matt Mitchell

After the last cold front, water temperatures dipped into the mid 60s for a couple of days. This chilly water meant switching it up to shrimp fishing until water

temperatures slowly crept back to that magical 70-degree mark. Although I did manage to catch shiners on these cold days, most of our action came on both live shrimp and chunks of shrimp for the two coldest days.

Areas just inside the passes with swift-moving current gave up the first keeper sheepshead of the season. Chunks of shrimp fished on a jig head also caught a winter variety of fish including black drum, rat redfish and even a few trout. This shrimp bite will continue all winter long with the best action coming immediately following a cold front and when the water is cold.

Live shrimp also got it done out on the flats while fishing popping cork rigs. Deeper holes and edges of the flats produced the better bite in four to six feet though most of these trout are on the small side of the slot. If you are looking for nonstop action, this flats' bite is hard to beat as there are also lots of ladyfish



Both black drum and sheepshead love the cold water

photo provided

and jacks in the mix. Start by drifting until you locate the fish, then anchor up.

As water temperatures slowly crept back up to 70, we made that gradual change back to shiner fishing. Deeper mangrove channels all held lots of smaller snook along with some trout that ate freeline shiners. Way back in the 'Ding' creeks, action was nonstop during the lower tide periods with both snook and jacks feeding hard. A 50-plus fish day in

these creeks was a pretty standard day out.

During the cooler mornings, I found these snook out in the mangrove creeks soaking up the sun along the shallower shorelines. Dark bottom in skinny water is a great place for these fish to lay out and warm in the sun as they use it like a solar panel. These snook gave us some great sight-fishing opportunities. Being able to watch a snook chase down and

eat your bait in clear shallow water is as good as it gets.

With another major cool down forecast for this week, you can expect the same pattern to play out yet again. Shrimp fishing will be most productive for a few days until water temperatures rebound to 70 degrees. The variety of species caught while shrimp fishing can be remarkable. Remember, fish small baits low and slow for success during low water temperatures.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✱

From page 1

Lectures

available)

February 24 (Thursday) – Amy Urich, *The Captivating Art and Times of My Father, Ikki Matsumoto* (sponsors: Bill and Laurie Harkey)

March 4, time and place TBD – Author Doug Chadwick, *Four Fifths a Grizzly: A New Perspective on Nature that Just Might Save Us All* (co-sponsors: Diane Esslinger, The Jenni & Kyle Foundation)

March 11, time and place TBD – Author David Allen Sibley, *What It's Like to Be a Bird: From Flying to Nesting, Eating to Singing – What Birds Are Doing, and Why* (co-sponsors: Stan and Connie Grayson, HighTower/Thomas and Swartz Wealth Management, Drs. John and Wendy Kindig)

March 18 – Author Jack Davis, *The Bald Eagle: The Improbable Journey of America's Bird* (sponsorships available)

March 25 – Author Stan Tekiela, *Bird Nests: Amazingly Ingenious and Intricate* (Sponsors: Vortex Optics, A Fellow Minnesotan, The Jenni & Kyle Foundation)

To become a lecture sponsor, call Birgie Miller at 292-0566. For more information about the series, visit www.dingdarlingsociety.org/articles/lecture-and-film-series.

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Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Banded Water Snake



by Bob Petcher

The banded water snake (*Nerodia fasciata*) is a nonvenomous snake that is not known to be a threat to humans or pets, but it will bite to defend itself. Often called the southern water snake, this reptile has a brown and grayish back with reddish brown crossbands.

The banded water snake is sometimes mistaken for the cottonmouth, which can kill its prey with a single venomous bite. Both snakes swallow their prey whole, but the banded water snake does not use constriction or subduing beforehand.

At CROW, a banded water snake was admitted after being found lethargic, with a possible eye injury. Upon examination, veterinarians were able to determine the snake had a retained spectacle on its right eye during a shedding process.

“When snakes shed, they shed all the scales on their body. In snakes, the spectacle – or eyecap – is the scale that covers the eye. When that scale doesn’t come off with the rest of the snake’s shed, it is considered to be retained,”



Patient #21-5699 might need an eye surgically removed

photo by Haillie Mesics

explained CROW Rehabilitation Manager Breanna Frankel. “It can sometimes cause vision deficits which can lead to malnourishment and pain.”

Surgery was not planned initially. Veterinarians administered artificial tears and began daily eye soaks to help the snake properly shed the leftover skin.

“Typically, we avoid pulling the retained spectacle off as it could cause damage to the surface of the eye,” said Dr. Robin Bast, CROW staff veterinarian. “In this case, the daily eye soaks – warm water soaked cotton ball compresses on the eye to loosen the spectacle – are not working, likely

due to underlying infection. Surgery is planned for tomorrow morning (Tuesday) for a wedge resection of the spectacle to allow us to more easily administer topical medications directly into the eye. We hope that after this procedure and by continuing eye soaks, the rest of the spectacle will fall away and underlying infection will resolve.”

Snakes have been known to “outgrow” their skin. It could take some time for the patient to complete its shed.

“Typically, when snakes begin a shed, the whole process may take up to two weeks,” said Frankel.

“They utilize extra energy to shed their

skin, and often don’t want to eat or be active during this time,” added Dr. Bast.

The patient may require help with feeding to keep its fuel level up for the energy it needs.

“It was started on antibiotics and is receiving supplemental feeds to ensure enough calories to heal properly. The snake enclosure is being misted daily to provide appropriate temperature and humidity for shed to occur,” said Frankel. “The snake had been offered a number of ‘normal’ prey items, including small fish, but has not eaten on its own yet. It is supplement fed two to three times per week with a liquid diet through a tube.”

This patient will continue to receive treatment with hopes that it will eventually be cleared for release.

“It will likely be several more weeks before we know the outcome in this case,” said Dr. Bast. “If all goes well, we should be able to release the snake within the next month, once the infection has cleared up. In a worst case scenario, we might have to surgically remove the eye, but the snake should be able to survive in the wild with one eye. We are keeping our fingers crossed for a full recovery and release – with both eyes.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

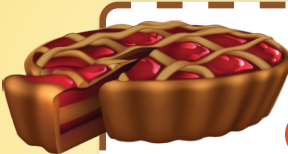
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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

General admission is \$12 for adults, \$7 for ages 4 to 12, and no charge for ages 3 and under.

Guests learn about CROW's history and day-to-day operations through displays, interactive exhibits and video. The center also features live animal exhibits, children's areas and live camera feeds of the hospital intake room and several outdoor rehabilitation enclosures. General admission includes the daily presentation (see schedule) and no reservation is required.

Hours are 10 a.m. to 4 p.m. Monday through Friday. CROW is located at 3883 Sanibel-Captiva Road.

For the safety of the animals and other guests, masks are required at all times in the Visitor Education Center.

Wildlife Walk Guided Hospital Tours – \$25 (includes general admission)

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into



the inner workings of the hospital and the treatment process. The hour and a half program has two parts: the daily presentation in the Visitor Education Center and then a guided tour through treatment areas of the hospital, concluding on the rehabilitation grounds. This program is open to all, but it is not recommended for children under the age of 13. Masks are required at all times during the tour.

Tours are offered Monday through Friday at 11 a.m. Capacity is limited to eight participants. Advance registration is required. Tours are subject to modification and cancellation based on patients recovering in the hospital.

To register, call 472-3644 ext. 229 or email reservations@crowclinic.org. Payment is required to complete reservation.

Daily Presentation Schedule

Friday, November 26, 11 a.m., Baby Care at CROW – Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found “abandoned” might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to

care for themselves. One of CROW's animal ambassadors will be present.

Monday, November 29, 11 a.m., A Day in the Life – CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. CROW also benefits from the help of over 200 volunteers. While on site, students and volunteers learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. Volunteers, staff members and students will be available to give you an inside look at what happens behind the scenes at CROW. One of CROW's animal ambassadors will be present.

Tuesday, November 30, 11 a.m., Species Profile: Sea Turtles – There are seven different species of sea (or marine) turtle, and human activities have tipped the scales against the survival of these reptiles. Most species of sea turtle are classified as endangered, and CROW is the only licensed sea turtle facility in between Sarasota and Marathon. From boat strikes to washback hatchlings, one of CROW's team members will explain why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Wednesday, December 1, 11 a.m., Wildlife Rescue 101 – Have you ever come across wildlife in “distress” but did not know the appropriate steps to help? Florida is home to more than 700 terrestrial animals and other

invertebrates, and they all depend on sustainable recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether it is deterring visitors from feeding birds on the beach or detaching a pelican from fishing line in the mangroves, this program will cover wildlife rescue assessment as well as handling techniques. One of CROW's animal ambassadors will be present.

Thursday, December 2, 11 a.m., Patient Profiles: Owls of Southwest Florida – Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.✧

From page 1

CROW Crawl

media sponsor, The Silverman Organization and VCA Sanibel Animal Hospital as executive chef sponsors, Waste Management as sous chef sponsors, and *Island Sun* and *The River Weekly News*, *Sanibel-Captiva Islander/Island Reporter* and *Santiva Chronicle* as supporting media sponsors.

For more information, visit www.tasteoftheislands.org.✧

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Shell Of The Week

The Florida Auger

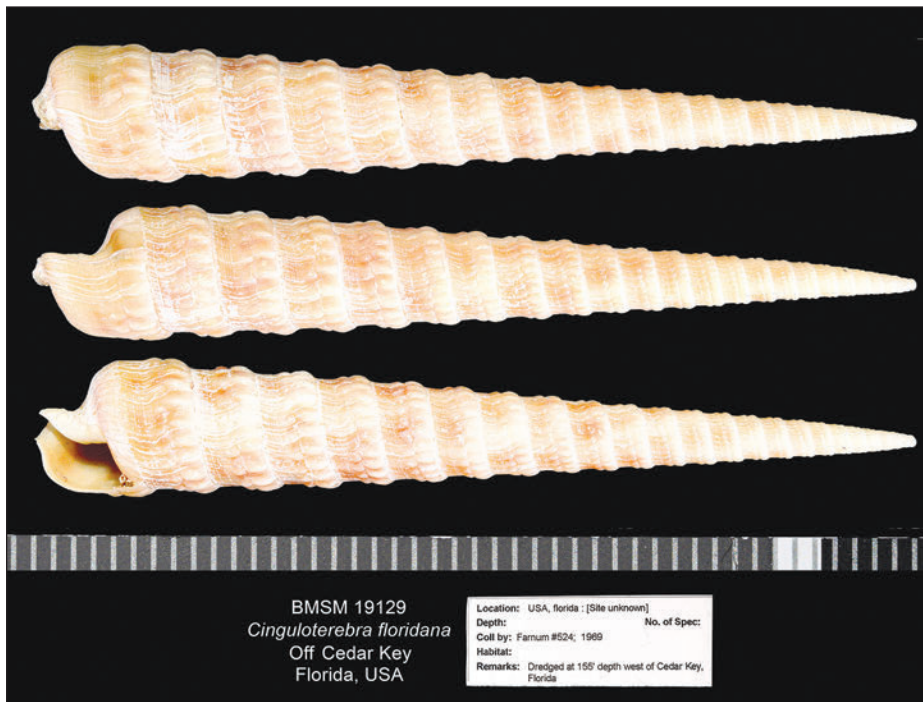


by José H. Leal,
PhD, Science
Director and
Curator

Reaching 68 mm (about 2.7 inches) in size, *Terebra floridana* (Dall, 1889) is one of the largest species of auger snails

in the western Atlantic. Augers are usually found in the sand close to the water's edge, in medium- to coarse-sand habitats, where they feed on marine worms, but the Florida Auger is found in deeper water off both coasts of Florida and the Gulf of Mexico. Augers are closely related to cone snails and, like them, use their radula teeth, which are like tiny harpoons, to inject venom into their prey prior to ingestion. A large reproduction of this illustration is on display in the In Focus exhibition at the National Shell Museum. Read more about mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

The Bailey-Matthews National Shell Museum is open from 10 a.m. to 5 p.m. daily, located at 3075 Sanibel-Captiva Road. For more information, call 395-2233 or visit www.shellmuseum.org.



The Florida Auger, *Terebra floridana*, from off Cedar Key, Florida

photo by James F. Kelly

Fundraisers For Local Artist

A silent auction to benefit local artist Lacy McClary will be held at George and Wendy's Seafood Grille during the evening of Saturday, December 18. American Legion Post 123 will also hold a silent auction and 50/50 raffle on Sunday, December 19

from 1 to 5 p.m. to benefit McClary.

McClary was in a life-threatening accident this summer and is facing an overwhelming amount of medical bills from the reconstructive surgeries required to bring back her quality of life. She has more procedures ahead.

For more information, contact Rachel Stokes at 560-0894, Heather Silbar at 443-8862 or David Queisser at 308-5353.

American Legion Post 123

American
Legion
Post 123

is serving a
Thanksgiving
dinner with all
the trimmings
on Thursday,
November 25.

Barbecued ribs and chicken are on the menu for Sunday, November 28.

On Tuesdays, tacos are served all day. Steak and cheesesteak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. Sunday specials are served from noon to 8 p.m.

The first Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. Two tables are in play. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area available for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.



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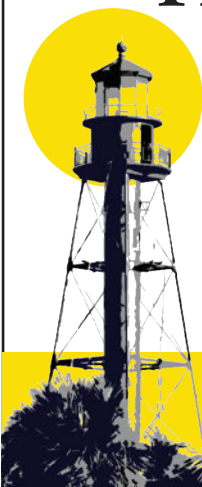
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From left, Ray Galligan, Molly Barbee, art committee head for CCA, and Miguel of Sanibel
photos by Kathy Kurtz Ferrari

Captiva Groups Collaborate For Artistic Opener

by Kathy Kurtz Ferrari

The snowbirds are returning, and members of the Captiva flock gathered on November 16 to kick off the season for two island organizations.

The Captiva Island Historical Society (CIHS) and the Captiva Civic Association

(CCA) welcomed islanders back with the opening reception of An Artful Look at Captiva History, an exhibition of artwork from historically significant artists from the island.

Nearly 60 major art pieces were gathered from personal collections, businesses and organizations for the show, which features work by notable artists Robert Rauschenberg, JN “Ding” Darling, Maybelle Stamper, Myra Roberts and 12 others. It will run through December 1 at the CCA building, located at 11550 Chapin Lane on Captiva.

According to CIHS President Tom



Emily Hess Ankersen, director of the Captiva Civic Association and Nancy Riley, board member of the Captiva Island Historical Society

Libonate, the idea of bringing the two organizations together through historical artwork was the brainchild of Molly Barbee, art committee head for the CCA and a founding director of CIHS.

Artists have been drawn to the islands for decades, and the current show is a great example of the inspiration creative people have found here. In his welcoming remarks, Libonate noted how many people feel they turn into artists once they cross the causeway.

“Immediately, you start taking pictures of sunsets and herons and things like that,” Libonate said.

“When you look back at art history, we’ve been an enclave for artists, some of whom became famous,” he explained in an interview after the event.

The evening also featured comments from Matt Hall, facilities manager of the Robert Rauschenberg Foundation. Some of Rauschenberg’s works for this show were from Hall’s private collection. Hall worked with Rauschenberg for 15 years and explained how the artist found Captiva after searching for a place that reminded him of his childhood home on the water in Texas.

“When he drove his car on the island,

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Matt Hall shares memories of Robert Rauschenberg's time on Captiva

he had to stop to let a turtle cross the road, and he knew he had found a special place," Hall told the audience, adding that a flock of butterflies that later surrounded the artist on his scouting trip helped seal the deal.

Rauschenberg's legacy on Captiva can still be felt as the late artist left a lasting presence with his foundation which brings multi-media artists to the island for residency programs. Other notables who have impacted the island include the late pop artist Roy Lichtenstein, whose wife has supported CIHS financially for many



John and Cindy Mason

years, according to the historical society.

"We were not able to find any of his works or anybody who had any of his works for the show, unfortunately, but I guess this was a place where artists like that came," Libonate added.

The historical society's season includes several artistically themed events, including a December 5 panel discussion with Kristina Lindbergh, granddaughter of Anne Murrow Lindbergh, who will discuss her grandmother's book, *Gift from the Sea*, which was written from memories of visits to Captiva.

Two days later, *Sentimental Journey*, a



From left, David Ferrari, Pam Rosen and Lisa Riordan

stage production salute to World War II's impact on the island, will be presented. That event will be held on the 80th anniversary of the attack on Pearl Harbor, December 7.

Documentaries and an outdoor drive-in movie are also planned in 2022, with sponsoring support from The Sanibel Captiva Trust Company.

"History should not only be educational, it should be entertaining and fun," Libonate added.

The CCA also plans a full schedule. The next event will be the opening

reception on Thursday, December 9 for Captiva Inspirations, a juried art show of work by members of the Sanibel-Captiva Art League. Evenings of wine and food pairings will be among other highlights of the season.

Visit www.captivahistoricalsociety.org and www.ccacaptiva.org for more information on both organizations.

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. If you have any comments, email Kathy.islandsunnews@gmail.com. ✨

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A Bit Of Whimsy At Local Boutique



by Allison Havill Todd
Nestled beneath a rack of clothing taking a nap, this stylish shop's staff member is quick to rouse himself from a slumber to greet customers. After

a quick stretch in the well-known yoga pose, "down dog," he is alert and ready to attend to the needs of the clientele. You may wonder why such a slack employee manages to keep his position while sleeping on the job, but one look into his playful brown eyes never ceases to melt shop owner Beth Redpath's heart.

This small statured gentleman, weighing a mere nine pounds, has a big personality and friendly disposition. He has been a full-time employee at the Whims boutique in Bailey's Center for the past four years and has already gained tenure. He goes by the name Artie, short for Antarctica, and his closely cropped, well-groomed white hair is pure as snow. Artie is a Havanese, a small dog breed known for its people oriented personality. Redpath adopted this little tyke when he was just 12 weeks old through a breed specific dog rescue



Whims owner, Beth Redpath, with Artie
photos by Allison Havill Todd

organization dedicated to pulling them from puppy mills. Artie was the runt of his litter, weighing only one pound and almost died during his freedom ride from the puppy mill to his temporary foster home. Fortunately, he was revived and Redpath was able to convince the foster volunteer that Artie would have a good home in her care.

Despite his frequent naps, this lovable pup has gained his own fan club and continues to be a good ambassador of his breed. Redpath shared, "He knows when to behave and when it's okay to let loose." His only bad habit is wanting



One of Artie's favorite napping spots

to race out the door to greet other dogs he may see in the shopping plaza. More likely, customers will find his cherubic face eagerly awaiting their visits as he cheerfully cruises around the store. An artistic sign displayed in the shop describes what life with a cute little dog companion is all about: "This home is filled with kisses, wagging tails, wet noses, and love."

Whims is a unique boutique featuring ladies clothing, gifts, eclectic art, jewelry and accessories. It is tastefully filled with many stylish and colorful items that serve

as the perfect backdrop for Artie's pure white coat. Residents and island guests can visit Artie at Whims, located at 2451 Periwinkle Way, but be prepared to give good belly rubs!

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggiemom and facebook.com/thedoggiemom.*



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Annual Wading Bird Report Now Available Online



A foraging snowy egret in the Pine Glades
photo provided

Approximately 43,000 wading bird nests were initiated during the year, according to the latest South Florida Water Management District (SFWMD) annual South Florida Wading Bird Report. Wading birds, one of the bellwether species used by scientists to gauge the overall health of the Everglades, are studied to count the number of nests and determine the success of their nesting activity.

“This latest reporting year is about an average year for nesting activity. This is expected to happen some years because of climatic conditions. Drier than average conditions for most of the nesting season followed by a large rain event in May created unfavorable conditions for nesting,” said SFWMD Dr. Mark Cook, lead editor of the report. “In past years, these conditions could have led to a very poor nesting year but this was average. Things have improved over the past decades because we are improving water management and building additional restoration projects. Today’s (November 15) announcement shows we are moving in the right direction with Everglades restoration.”

The report shows that three of the four wading birds species studied by SFWMD, including the great egret, white ibis and wood stork, continue to meet their three-year average targets prescribed in the Comprehensive Everglades Restoration Plan (CERP). It also shows that 25 percent of all nests were found in coastal areas, a region where scientists have been trying to restore nesting for years. Five to 10 years ago, as little as 10 percent of all nests were found in these areas.

In the 1980s and 1990s, before the start of Everglades restoration began, nesting years would routinely see as few as 5,000 nests throughout South Florida regardless of climatic conditions.

“Wading birds, our environment and all of our communities can benefit when we restore South Florida’s hydrology and have the necessary infrastructure to move more water in the Everglades to the right places at the right time,” said SFWMD Governing Board Chairman

Chauncey Goss. “Under the leadership of Governor Ron DeSantis, the South Florida Water Management District remains committed to expediting Everglades restoration projects all across South Florida to support our natural ecology and reduce harmful discharges from Lake Okeechobee to the Northern Estuaries.”

While the latest wading bird report, which covers November 2019 through Summer 2020, was about average, Dr. Cook said preliminary data shows the 2021 wading bird nesting season may be well above average.

To read the full South Florida Wading Bird Report, visit the SFWMD website at www.sfwmd.gov.

Ribbon-Cutting At Local Church

The public is invited to St. Michael and All Angels Episcopal Church for the new office building dedication and Sanibel & Captiva Islands Chamber of Commerce ribbon-cutting ceremony on Thursday, December 9 at 5 p.m.

The dedication and ribbon-cutting ceremony will take place outside in front of the new office building off the main parking lot, weather permitting. Hors d’oeuvres, wine and punch will be served afterwards in Parish Hall, and



New office building
photo provided

guests may tour the buildings. St. Michael and All Angels Episcopal Church is located at 2304 Periwinkle Way on Sanibel. For more information, www.saintmichaels-sanibel.org.

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The Community House
Rhubarb



by Chef John Wolff

Rhubarb is the fleshy, edible stalks of species and hybrids (culinary rhubarb) of Rheum in the family Polygonaceae, which are cooked and used for food. The whole plant – a herbaceous perennial growing from short, thick rhizomes – is also called rhubarb. Rhubarb is weird. Everyone kind of knows what it is, but it's still largely a mystery to a lot of people. You've probably eaten a piece of rhubarb pie or slice of rhubarb cake, but when was the last time you actually bought it from the store or farmers market? Can you even answer the question, "What is rhubarb?" If you're ashamed of your rhubarb knowledge (or lack thereof), don't worry. You've got questions. I've got answers. Throughout history, rhubarb has been used for both culinary and medicinal purposes. Although you can eat rhubarb

raw, you probably won't enjoy it. It has a sour, brutally bitter taste, so most people prefer to cook it with sugar. Rhubarb became a popular addition to pies and other desserts in the 18th and 19th centuries after sugar became widely available in England. Today, rhubarb is used in a similar way – and is commonly paired with strawberries to balance its sour-bitter flavor. Rhubarb looks kind of like celery, but prettier. We only eat the pink stalks of the rhubarb plant because the triangular leaves contain high levels of a poisonous chemical called oxalic acid. So, yeah, stick to the stalk.

Here's where things get confusing: Contrary to popular belief, rhubarb is technically a vegetable. Legally, though, it's a fruit. In 1947, a New York court actually made the distinction. The reason being, rhubarb is most often cooked as fruit in the United States. It's worth mentioning that this declaration did save businesses who imported rhubarb from spending more money on taxes, and that could've played a role in the final decision. Typically, fresh rhubarb will be available from about early April through mid-June. Washington State produces the nation's bulk of rhubarb but it's only grown commercially on about 275 acres of land there. If you missed the rhubarb season, it can sometimes be found canned or jarred at your local grocery store. Here is a great recipe for using fresh or canned rhubarb:

Raspberry Rhubarb Crisp
1 cup regular rolled oats
1/2 cup all-purpose flour
1/2 cup finely chopped walnuts
1/2 cup packed light brown sugar
1/2 teaspoon ground cinnamon
1/2 teaspoon ground ginger
1/2 teaspoon salt
1/2 cup (1/4 lb.) cold butter cut into cubes
1/2 cup granulated sugar
2 tablespoons cornstarch
1 quart raspberries, rinsed and drained (18 oz.)
3 cups sliced rhubarb (cut 1/2 inch thick; about 12 oz.) or 1 jar prepared rhubarb 10-12 oz.
Preheat oven to 350°. Combine oats, flour, walnuts, brown sugar, cinnamon, ginger and salt in a large bowl. With your fingers, rub butter into oat mixture

until blended and coarse lumps form. Cover and chill. Combine granulated sugar and cornstarch in another large bowl. Add raspberries and rhubarb and toss gently to combine with cornstarch mixture. Pour into a shallow 2- to 3-qt. baking dish and sprinkle evenly with topping. Bake crisp until topping is golden brown and fruit is bubbling, about 45 minutes, 35 minutes if using prepared rhubarb. Serve warm or at room temperature with ice cream. John Wolff is the resident chef of the Culinary Education Center of Sanibel at The Community House. He enjoys sharing culinary knowledge with future chefs of all ages. Contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.✪

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BIG ARTS workshops are a great place to learn a new hobby or sharpen your skills. The 2021-22 workshop season offers a variety of classes with experienced instructors. Workshops include: Watercolor Painting with Sunny Krchmar – Wednesdays, December 1 to 15, 9 a.m. to noon. Donor: \$156; nondonor: \$195
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Sunny Krchmar – Wednesday, December 1, 1 to 3 p.m. Donor: \$40; nondonor: \$50. Glass Fusing with Petra Kaiser – Thursdays, December 2 to 16, 9:30 a.m. to 12:30 p.m. Donor: \$74; nondonor: \$93. Pre-registration is required for all classes and workshops. For more information, call 395-0900 or stop by BIG ARTS, located at 900 Dunlop Road on Sanibel. For complete course descriptions, workshop and class schedules, visit www.bigarts.org or email info@bigarts.org.✪

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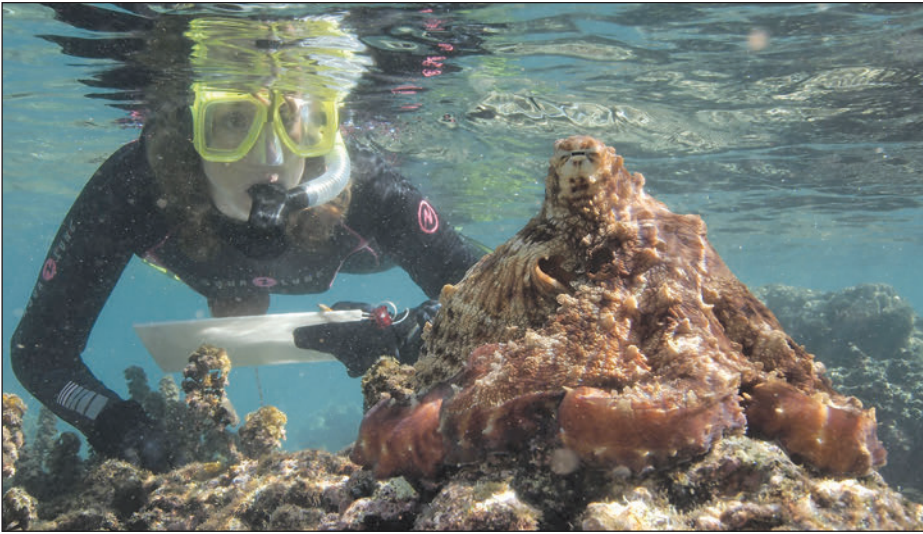
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Shell Museum Lecture Series



Sy Montgomery with an octopus

photo by David Scheel

Following the positive response to this year's online lecture series, Bailey-Matthews National Shell Museum unveils its 2022 season lecture series, which will be held in person.

The Sanibel Captiva Trust Company is the presenting sponsor.

"The Bailey-Matthews National Shell Museum has been a treasured organization of the islands for decades. The Sanibel Captiva Trust Company has been privileged to have been represented on the board for many years and is proud to be a significant contributor and sponsor of their wonderful events," said Al Hanser, trust company founder and chairman.

All lectures will be held at the museum with the exception of the February 1 talk by Sy Montgomery, author of *The Soul of an Octopus*, which will be held at The Community House on Sanibel.

"This speaker lineup, featuring award-winning journalists, bestselling authors, curators and photographers, will bring important voices to the islands and offer fresh perspectives of regional and global issues of biodiversity and ecosystem, and roles shells, mollusks and other marine life play," said Sam Ankerson, shell museum executive director.

The speaker series lineup is as follows:

January 21, 5:30 p.m. – The Sound of the Sea: Seashells and the Fate of the Oceans by Cynthia Barnett, award-winning environmental journalist.

In a special program for the Bailey-Matthews National Shell Museum where the idea for her newly-released book, *The Sound of the Sea: Seashells and the Fate of the Oceans*, was born, Barnett gives an inside look on her six-year journey researching the profound relationship between humans and seashells. Traveling from Florida to the Bahamas to the Maldives, West Africa and beyond, Barnett explores the ancient history of shells as global currency, their use as religious and luxury objects, and the rarely appreciated but remarkable creatures that make them.

February 1, 5:30 p.m. – The Soul of An Octopus by Sy Montgomery, *The New York Times* bestselling author and National Book Awards finalist.

This lecture is made possible by Fran Peters and Island Vacations.

In her three years of research for her bestselling book, *The Soul of an Octopus* (2015), Montgomery established such close friendships with giant Pacific octopuses

that the animals would rise from their tanks to greet her, and then embrace her. Montgomery's talk shares details of these extraordinary relationships, as well as surprising scholarly research revealing octopuses' remarkable intellectual abilities as they solve puzzles, communicate through color and shape, and play with people and toys. Pursuing these solitary shape-shifters – creatures with no bones, three hearts and blue blood – Montgomery examines the many kinds of possible minds, the mystery of consciousness and the nature of love.

February 16, 5:30 p.m. – Shell Trumpets: The Sound Heard Around the World by Dr. Bradley Strauchen-Scherer, curator of musical instruments, Metropolitan Museum of Art.

One of the world's most widespread, enduring and beautifully designed musical instruments was not made by human hands; it is the elegant shell of various types of conchs. Humble but majestic, practical and mystical, conch trumpets have been used for millennia to signal, convey power, accompany spiritual practice and make music. Dr. Strauchen-Scherer will be joined by Dr. José H. Leal, shell museum science director and curator. They will explore the timeless art and artistry of shell trumpets.

March 15, 5:30 p.m. – Deep Water Adventure: The Unexpected and Beautiful World of Blackwater Diving by Linda Ianniello, photographer.

Every night, the largest animal migration on earth takes place in the oceans of the world, with marine life emerging from the depths under cover of darkness to feed. This creates opportunity for divers and underwater photographers looking for something new and unique. A "blackwater dive" means diving at night in the deep ocean and searching for subjects to observe and photograph.

Ianniello will describe her experiences diving miles off the coast of Southeast Florida, and the wide diversity of sea life she has encountered and photographed. Her talk will have a focus on mollusks, including those featured in an exhibition of blackwater photographs by Linda and Susan Mears – Black Water Moments: Nocturnal Photography of Open-Ocean Mollusks – on view at the museum December 10 to May 30.

April 6, 5:30 p.m. – Paradise

continued on page 28



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Wild Turkey Cottage Pie

- 2 cups cooked wild turkey meat, diced or shredded
- 1 ½ cups green beans, cooked until tender crisp
- 1 ½ cups sweet corn, cooked and cut off the cob
- 1 cups carrots, cooked
- 1 cup brown gravy (homemade or store bought)
- 2 cups mashed potatoes (homemade or store bought)

Sea salt and fresh ground pepper, to taste
Preheat oven to 350 degrees and spray a baking dish with quick release spray. Beginning with the turkey and in a layering fashion, spoon each ingredient over the next, finishing with the mashed potatoes (the order of ingredients is discretionary except for the turkey and mashed potatoes). Bake 30 minutes until the mashed potatoes are golden brown. Serve warm. Fresh From Florida food fact: Sheppard's Pie traditionally uses lamb meat as the protein. When any other meat is used, it is referred to as Cottage Pie.✱



Wild Turkey Cottage Pie

photo courtesy Fresh From Florida

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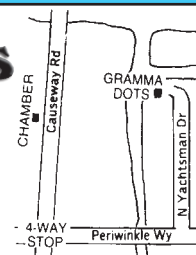


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BIG ARTS Monday Night Film Series

The Father

by Di Saggau

The Monday Night Movie for November 29 is *The Father*, a much acclaimed film starring Anthony Hopkins in a performance that is both charismatic and ferocious. Hopkins gives a moving, Oscar-winning turn as a man with dementia in a film full of intelligent performances.

Hopkins is Anthony, a handsome and cantankerous old widower, a retired engineer who lives on his own in a spacious apartment in west London. His affectionate and exasperated daughter, Anne, played with intelligence and insight by Olivia Colman, visits him often.

The film puts us inside Anthony's head to experience what appears to be the incremental deterioration in his condition, the disorientating time slips and time loops. People morph into other people, situations get deleted, we see things that are Anthony's delusion or his memory of something else. He is terrified at not being able to work out what is going on, and that makes him subject to mood-swings and fits of temper.

The arrival of Imogen Poots as someone to look after Anthony provides a little sunshine, as it gives him the chance to flirt with a pretty young woman. The film is about grief and what it means to grieve for someone who is still alive. The performances from Hopkins and Colman are superb. Combining mystery and psychodrama,



image provided

The Father is a majestic depiction of things falling away. The film runs 97 minutes and will be shown at 7 p.m. in Christensen Performance Hall. After the film, Don Irwin will lead a discussion.

Tickets are \$10 and can be purchased online or at the box office. All those who are not fully vaccinated are asked to wear masks. BIG ARTS is continuing its sanitizing methods, as listed online.

BIG ARTS is located at 900 Dunlop Road. For tickets, call 395-0900 or visit www.bigarts.org.



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December Programs At Captiva Library

Next month's roster of activities provided by the Captiva Memorial Library offers topics for children. The following programs are free to the public:

Flurry of Snowflakes – December 1 to 4. Available during normal operating hours. Make paper snowflakes to help decorate the children's room and to take home. Check out books about winter from the book display and complete activity sheets.

Snowman Slam – December 7 to 11. Available during normal operating hours. Make your own Snowman Slam Game with foam cups and other supplies in the children's room. Check out the display books about snowmen.

Elf Paper Bag Puppet – December 14 to 18. Available during normal operating hours. Make an elf puppet out of a paper bag and complete holiday activity sheets. Browse the display books about December holidays.

Snowdough for the Holidays – December 21 to 30. Available during

normal operating hours. No snow outside? No problem. Make no-cook snowdough for the holidays. Check out the holiday books on display and take home an activity sheet.

The Captiva Memorial Library is located at 11560 Chapin Lane on Captiva. Normal operating hours are Tuesday through Thursday from 10 a.m. to 6 p.m., and Friday and Saturday from 9 a.m. to 5 p.m.

For more information about a program or to register, call 533-4500. Check the Lee County Library System's website at www.leelibrary.net to find out about programs at other locations. Call the host library or Telephone Reference at 479-INFO (4636) for more information about a specific program.

In accordance with the Americans with Disabilities Act, Lee County will not discriminate against qualified individuals with disabilities in its services, programs or activities. To request an auxiliary aid or service for effective communication or a reasonable modification to participate, contact Joan LaGuardia, 533-2314, Florida Relay Service 711, or jlaguardia@leegov.com. Accommodation will be provided at no cost to the requestor. Requests should be made at least five business days in advance.*



Painting by Ann Bischoff image provided

Art League Juried Exhibit At Library

The Sanibel-Captiva Art League has a juried art show on exhibit at Sanibel Public Library. Titled Out of the Box, the exhibit will be on view through January 3. The public is welcome to view the show during library hours.

The exhibit is dedicated to SCAL artists Ann Bischoff and Rita McLain. Their combined efforts for over 20 years have given local artists an iconic

venue for exhibiting their work. The Sanibel Public Library is located at 770 Dunlop Road. Hours are: Monday and Thursday, 9 a.m. to 8 p.m.; Tuesday, Wednesday, Friday and Saturday, 9 a.m. to 5 p.m.; closed Sunday.*

Lecture

Considered: Photographs of Nature and Change in Southwest Florida, a conversation with Andrew West, photographer/multimedia journalist with The News-Press.

The nature of Southwest Florida is unique in its power to inspire residents, influence the economy and government, and attract millions of visitors from around the world. It is also constantly changing and increasingly at risk as a result of both natural processes and manmade factors. For over 20 years, West has documented the beauty, complexity and important events of the region's natural world as a photographer for The News-Press.

In conversation with the audience and Sam Ankerson, shell museum executive director, West will share some of his most compelling photographs and the stories, events and issues behind them. This program is in conjunction with the exhibition Red, Blue, Green: An Introduction to Water Quality in Southwest Florida featuring several of West's photographs, on view at the museum from January 15 to June 10.

Visit www.shellmuseum.org for more information and to register.*

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From left, Jana Stone, Colleen Zurcher-McGauran and Maureen McGauran photo provided

Luminary Stroll Kicks Off With Twilight Concert

The orchestra and choir from Florida Gulf Coast University's Bower School of Music will perform a twilight concert at Sanibel Congregational United Church of Christ on Friday, December 3 at 4 p.m. The free concert, called All is Bright, is the musical launch for the Sanibel & Captiva Islands Chamber of Commerce Luminary Holiday Stroll. The concert is hosted by the Sanibel Music Festival Emerging Artist Series and sponsored by classical music supporter, Colleen Zurcher-McGauran.

"Part of the festival's mission is to support the careers of emerging artists through performance opportunities," said Jana Stone, Sanibel Music Festival president. "We are delighted with the support from the Zurcher-McGauran Family. Maureen McGauran, a classical



Dr. Trent Brown

violinist, has joined the board of Sanibel Music Festival. Colleen Zurcher-McGauran is the All is Bright concert event sponsor. She is a classical pianist and organist at Cypress Lake United Methodist Church.

"The popular Emerging Artist Series was piloted this spring as a platform to encourage young talent," said Colleen Zurcher-McGauran. "It is a pleasure to be involved with All is Bright, heralding both Sanibel-Captiva Luminary weekend and the holiday season."

All is Bright is the brainchild of Dr. Trent Brown and Dr. Kyle Szabo at FGCU's Bower School of Music. "The concert will be lively, including classics and new pieces," said Dr. Brown. "The traditional *Gloucestershire Wassail* and Handel's *Hallelujah Chorus* are on the program, as well as audience sing-along opportunities and some surprises designed to spread the spirit of the season to everyone."

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. The venue offers outstanding acoustics, ample parking, and easy access for all. Register at www.sanibelmusicfestival.org for complimentary general admission seating. Concertgoers can also register by calling 344-7025. Free-will donations are appreciated. Walk-ins are welcome as space permits.✱

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Book Review

The Family Plot



by Di Saggau

In the opening sentence of *The Family Plot*, the narrator tells us she was named Dahlia after the Black Dahlia, an actress who was gruesomely murdered. Her siblings were also named after other murder victims, including her twin brother Andy (the name of Lizzie Borden’s father). The family is obsessed with true crime. As they gather to bury their patriarch, they discover another body in his grave and horrifying secrets are exposed.

Dahlia has long been unable to move beyond her past, especially the disappearance of her twin brother Andy when they were age 16. When she returns to the house she has avoided for years, a terrible discovery is made. Buried in the reserved plot for her father is the body of Andy, his skull split open with an ax.

We learn from the start that the siblings’ entire childhood was twisted and warped. Their mother homeschooled them, and everything they learned had to do with murders and their victims. Also, there was a serial killer in their area, the Blackburn Killer, who murdered many women over 20 years and was never caught. As Dahlia grapples with her grief



image provided

and horror, she soon realizes that her family and the mansion itself may hold the answers to what happened to Andy. The story is intriguing and the author provides many clues as to who is the killer, yet it’s not a complete surprise when we finally learn the truth. *The Family Plot* will draw you into what seems like a spider’s web of death and you will follow each thread as it leads to one devastating truth after another. The book is a twisted delight. You might even be tempted to read it twice to see what you missed the first time.✧

School Smart



by Shelley M. Greggs, NCSP

Dear Readers, The word gratitude has become ubiquitous, It’s everywhere, on T-shirts, posters and even coffee mugs. Despite the almost generic use of the word, it doesn’t diminish its power. Research shows that when children exhibit gratitude, it’s the behavior that most closely correlates with life satisfaction and happiness for that child. It’s also linked to less stress and depression and more optimism, critical attributes for all children to develop.

Positive Psychology says that the best teachers of gratitude are practitioners of gratitude, and that parents are the best teachers of gratitude for their children. Teaching kids about gratitude is an important job. Start by discussing the concept of gratitude and figure out what your children think gratitude means and then you can teach them more about it. Help them understand that gratitude is about focusing on what is good in our lives and being thankful for all the things we already have. Children need to understand that gratitude is more than just saying “thank you.”

Here is some valuable information about gratitude from Hofstra and Cal State universities where psychologists have identified evidence-based strategies for encouraging gratitude in children. Thankfulness and gratitude are highly correlated behaviors and important for adults and children.

Further, with gratitude comes more engagement in school and the surrounding community, better social support offered and received, and less envy and materialism exhibited by the child

Below are some suggestions that will help you to cultivate gratitude with you children:

Role model gratitude and teach your kids to think gratefully – Express gratitude often by speaking it, writing it, gifting it. Make sure your children know that demonstrating gratitude is an important value of yours. You can help your child think gratefully by encouraging him/her to consider the benefits they get from others’ kindness and gestures, and what those acts cost the giver.

Be present and empathetic with your child – Spend time when you’re fully present, enjoying each moment, and ready to express empathy and understanding. Demonstrate empathy. Research says empathy is “the most important emotion for developing gratitude.”

Nurture their strengths – Doing so builds confidence. Confidence builds self-appreciation, which makes it easier to see and appreciate things around you. You may want to encourage your children to directly use strengths like writing, speaking well, being kind-hearted to show gratitude.

Encourage them to accumulate growth, not gadgets – Materialistic goals, when met, rarely lead to genuine gratitude.

When you encourage a child to focus on developing deeper connections with people or the community and on pursuing experiences that pique their interest and help them achieve growth, it’s much more likely to foster gratitude.

Give them a hand in lending helping hands – Encourage your child to look for opportunities to help others, again role modeling it yourself as a closely held value. This is one of the most direct routes possible towards encouraging gratitude.

Help them find what matters to them – When kids find something that’s important to them, something bigger than themselves, like a social issue, cause, or form of service, they realize they’re a part of something more important. Gratitude comes from an appreciation of that larger picture and what they can do to affect it.

As parents, we can only do so much to influence our children the way we want. Helping them to understand and practice gratitude will be one thing both you and your children will be thankful for always.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.✧

Poetry Corner

by Jim Weyant

BOOKSHOP

There’s a bookshop on Tenth and Main, where I took shelter to flee from the rain.

Upon entry I found I’d stepped back in time There was no internet nor books online.

The store’s musty scent set forth the mood, rows of oft read classics dogeared and chewed.

I scoured the shelves there were bestsellers too, a plethora of volumes time-worn and new.

As I skimmed Steinbeck’s “Of Mice and Men” I realized I was in no rush for the rain to end.

Jim Weyant first came to Sanibel in 1978 and for him it was love at first sight. He and wife Helene have been island residents for over 20 years. Prior to retirement, Jim was a system analyst at the New York Stock Exchange. Since then, he has kept busy with tennis, volunteer work, photography, graphic art and reading. His recently published book, Poems From Paradise and Beyond, is available at Amazon and local book stores.✧

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Luke and Finn Hussey explore on a Launchpad

photos provided

Launchpad Tablets Available At Sanibel Library

Sanibel Public Library has added Launchpad learning tablets for children, provided in part by a gift from Hans and Leslie Fleischer.

Launchpad, Playaway’s popular learning tablet, features ad-free educational games for children in preschool through third grade. These sturdy, Internet-free tablets come pre-loaded with educational content and games covering a variety of subjects for specific age groups, like early literacy for 3- to 5-year-olds and science for 5- to 7-year-olds.

The Launchpad experience lets children design a personal avatar and choose an adventure they’re most interested in. From math and monkeys to science and superheroes, every tablet fosters learning with different topics. Each Launchpad has a seven-inch

high-definition touch screen and an external speaker when playing games.

Launchpads are 100 percent secure, ensuring that children will not be exposed to unintended content. Plus, the amount of playing time on the tablet can be monitored. There are over 30 Launchpads families can borrow with a Sanibel Public Library card.

The library also loans video games like Minecraft, Forza Horizon 4, and Spider-Man for Xbox or PlayStation, which was supported by a grant from Sanibel-Captiva Kiwanis Club. Anyone with a Sanibel Public Library card can borrow games for one week at a time. More than 25 games are offered to take home. Teens can also come into the library to play on the Xbox Series S, which is located in the teen area. Playaways for children and loaning videogames are the latest pilot projects funded in part by the Sanibel Public Library Foundation.

These new initiatives add to the “Library of Things,” where patrons can borrow items like cooking kits,



Borrow a cookie kit with your library card

birdwatching kits, or mobile WiFi hotspots.

The library’s book sale room has lots of recent bestseller fiction, coffee table books, magazines, CDs, illustrated books and young adult books.

The library is open for normal season hours. Library cards are available to all residents of Sanibel and Lee County at no charge. You must present your valid

driver’s license (or similar government ID) showing your current Lee County address. Visitor cards are available for a \$10 fee and are good for one year.

Computers, printers, scanners and fax machines are available as well as magazines and daily newspapers. For more information, call 472-2483 or visit www.sanlib.org. Sanibel Public Library is located at 770 Dunlop Road.*



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City Officials To Speak At Chamber Lunch



Holly D. Smith



Dana Souza

Sanibel Mayor Holly D. Smith and Sanibel City Manager Dana Souza will speak on Wednesday, December 8 at the Sanibel & Captiva Islands Chamber of Commerce business luncheon meeting. The luncheon will begin at 11:30 a.m. at The Community House on Sanibel. Sanibel-Captiva Conservation Foundation (SCCF) is the sponsor.

Souza officially took his position on November 16 after receiving unanimous support from the Sanibel City Council in a field of 96 candidates tapped through an extensive search conducted by Colin Baenziger and Associates. Souza brings more than 35 years of local government experience to Sanibel. Most recently, Souza was the interim city manager in

Naples, Florida.

Smith was appointed mayor in March 2021 and has served on the city council since December 2017. She was a member of the Sanibel Planning Commission from 2009 to 2017. She is a member of the United States Conference of Mayors and the National League of Cities Voting Delegate for Sanibel and also the Florida Restaurant and Lodging Association of Southwest Florida.

"We warmly welcome Dana Souza to our island community and look forward to meeting him and hearing his vision for Sanibel," said John Lai, chamber president and chief executive officer. "Holly has been a steadfast friend of the chamber and we look to hear her guidance for the upcoming season."

The chamber business lunch is a monthly networking opportunity held at various member locations. The chamber strives to provide speakers to discuss relevant business topics for its membership.

Sanibel-Captiva chamber members receive meeting invitations by email. Cost for the luncheon is \$30 and is open to chamber members only. Advance registration is required; walk-ins are not accepted. Register by 5 p.m. on Friday, December 3 at www.sanibel-captiva.org or by calling 472-8255. Payment is due at time of registration.

For more information, visit www.sanibel-captiva.org or contact Landen Drake at 472-8255 or landen@sanibel-captiva.org.

Workshop On Managing Stress

FISH of SanCap is hosting a hands-on Stress Reduction Workshop with Dr. Doreen Greenberg on Tuesday, December 7 beginning at 10 a.m. at The Community House. The in-person workshop is limited to 20 participants. All attendees must adhere to social distancing guidelines and masks are encouraged. Registration is requested by November 29 by calling FISH at 472-4775.

Dr. Greenberg, an expert in the mind-body connection, will discuss the symptoms of stress, the perceived stress scale and how to score it. She will introduce various exercises and techniques to elicit the relaxation response and teach participants about lifelong wellness. With a master's degree in counseling and human relations, and a doctorate in psycho-social interaction in sport, Dr. Greenberg has always been interested in how the mind can help the body work. This focus led to years of research and work experience exploring the complex mind-body relationship, from how emotions impact athletic performance to how stress affects susceptibility to disease.



Doreen Greenberg

Dr. Greenberg served as a consultant to the U.S. Department of Health and Human Services, President's Council on Sports, Fitness and Nutrition, and Billy Jean King's Women's Sports Foundation.

"In our current time, self-care is important now more than ever. I'm looking forward to learning some stress reduction techniques from Dr. Greenberg and applying them to all areas of my life," said Jennifer Pagano, education and outreach director for FISH. "Please join us for an interactive class in healthy living with a focus on lifelong wellness."

The Community House is located at 2713 Periwinkle Way on Sanibel.*

From page 1

Concert Cruise

rambunctious folk songs.

The Pine Island Sounds series is quickly gaining notoriety for its high level of talent performing in the open-air setting aboard *Lady Chadwick*.

"The first concert cruise with Elizabeth Cook sold out quickly, so please plan accordingly," said SCCF Events Manager and Pine Island Sounds Producer Jeff Siwicke.

The cruise will set sail at 4 p.m. from McCarthy's Marina on Andy Rosse Lane on Captiva. It will return at approximately 6 p.m. Each ticket includes a "First Drink's on Us" coupon, thanks to Jack and Janie, as well as an individual snack box. A cash bar is available on board. To purchase tickets or for more information, visit <https://pineislandsounds.eventbrite.com>.*



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The City has identified several important facilities needs, including:

- **New Police headquarters, first priority**
- **Departments with inadequate quarters in City Hall**
- **Senior activities to enhance physical and mental health**

The City owns assets that could help address these needs affordably and efficiently, including the former SanCap Bank building, the Center 4 Life building and the City's Recreation Center. The Community House is also a valuable resource that can play a role for seniors.

Members of the Council have expressed their desire to take a holistic view of all the City's needs, not address them piecemeal. Yet they are prepared to spend \$10 - \$13 million for the Police and Center4Life without yet taking that holistic view. Costs for other City departments are still unknown.

Council approved a Request for Proposals to perform a thorough review of the Sanibel Recreation Center, including all senior activities, and alternative methods of operating the Recreation Department of which the Center 4 Life is a part. This review has not yet been done.

Questions that must be asked and answered:

- Are there synergies between the Police and Fire Departments that would arise by locating them close together, using the Center 4 Life site or the SanCap Bank site? Can facilities or resources be shared to improve operations or reduce cost?
- Are there environmental or economic advantages to using an already developed site (e.g., the Center 4 Life and/or the former SanCap Bank building) for Police rather than a virgin site with possible endangered species?
- What are the real facility needs to address the physical and mental health of our seniors, including alleviation of social isolation?
- How is it working with a dedicated space for seniors at the Recreation Center and exercise classes at both the Recreation Center and The Community House? Are there adjustments that could improve the situation?
- Can the buildings or land of the Center 4 Life and/or bank help alleviate overcrowding at City Hall? Is cost-effective renovation possible?

Please - let's pause for that holistic view of all the City's facility needs, make decisions with all relevant information in hand, and create a cohesive, affordable and efficient program to enhance the city of which we are all so proud.



David Lowden of Bank of the Islands and Emilie Alfino of Sanibel Historical Village photos provided

Silver Sponsors For Historical Village Season Gala

The Sanibel Historical Museum and Village has added three island businesses – Bank of the Islands, VIP Realty Group and The Grog Shop – as silver sponsors for its documentary premiere of *Secrets & Stories of the Sanibel Lighthouse*. The film will be shown on Tuesday, February 22 as part of the historical village annual gala



VIP Realty Group

fundraiser. David Lowden, Bank of the Islands vice president-private client relations, said, “As the oldest community bank on Sanibel, it’s important to us that we help keep Sanibel’s history alive and vibrant. Supporting the historical museum’s events lets us do just that.” Jim Hall, VIP’s managing partner and broker said, “VIP Realty is happy to support the Sanibel Historical Village. It’s great resource for visitors and residents to learn the unique history of our beautiful island. “It’s always important to support the

historical village,” said Rich Bennett, manager of The Grog Shop. “Sam Bailey’s three daughters own The Grog Shop, and Sam was very passionate about the village. We’re happy to be able to support this event.” “Sponsorships are essential to the success of our gala fundraiser,” said Emilie Alfino, historical village executive director. “These businesses have been supporters of the village for as long as I can remember, and we are so grateful for their continued patronage. We could never fulfill our mission of preserving, sharing, and celebrating Sanibel history



Rich Bennett, manager, and Justin DeWalt, assistant manager, of The Grog Shop

without them.” The Sanibel Historical Museum and Village is open Tuesday through Saturday from 10 a.m. to 4 p.m. Masks are required inside the buildings. Guided tours are available if reserved in advance for groups of no less than six, depending on docent availability. The Sanibel Historical Museum and Village is located at 950 Dunlop Road. Admission is \$10 for adults over 18; no charge for members and children. There is handicap access to all but one building. For more information, call 472-4648 or visit www.sanibelmuseum.org.✪

Happy Thanksgiving

with special thanks to these clients & colleagues for working with us this year & making it a record!



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Refuge In Urgent Need Of Funds To Purchase Land

Because of steeply rising property values and costs, the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS) is faced with an end-of-January deadline to raise a final \$550,000 on an 8.5-acre Sanibel Island land acquisition it has been working toward for several years. Thanks to island residents Don and Joan Sherman, every dollar donated now will be matched.

Adjacent to current JN “Ding” Darling National Wildlife Refuge property, the land in question holds a six-acre lake that directly feeds into fragile Tarpon Bay. Its preservation not only means protecting vital wildlife habitat, but also buffering refuge water quality against the catastrophic red tide and blue-green algae events it has experienced in the past.

Some of the documented listed species on this property include gopher tortoise, little blue heron and mangrove cuckoo. In addition, small-toothed sawfish, juvenile tarpon, baby sea turtles and West Indian manatees use the lake, along with bobcats and migratory birds.

“We were very close to purchasing this

highly desired island property, and then the pandemic happened, driving real estate prices and demand through the roof,” said Birgie Miller, executive director of DDWS, the refuge’s nonprofit arm. “It is such critical habitat that even with the increased value and purchase price, we believe it is crucial to protect.”

DDWS has already raised the majority of the purchase price toward the acquisition through donations and pledges, but needs \$550,000 to reach the final asking price. The friends group would own and manage an existing home on the property, while the refuge would manage the surrounding land and lake for conservation purposes.

“Local support in helping us acquire the Woodring Homestead in 2013, and again in 2019 for acquiring the Lee Anne Tauck Conservation Tract, was instrumental in our success. We are hopeful donors will consider supporting this acquisition as well,” said Miller. “This is a unique opportunity to double the impact of contributions through a generous matching donation. Land can’t be replaced and we are working hard to protect this vital piece of Sanibel Island. All gifts large and small are appreciated and make a difference.”

To support the land acquisition, contact Birgie Miller at director@dingdarlingsociety.org or 292-0566.✱

FWC Seeks Public Input On Trapping

The Florida Fish and Wildlife Conservation Commission (FWC) is seeking public feedback as staff begin to evaluate rules addressing regulated wildlife trapping. Staff are exploring possible changes to modernize trapping rules to align with the Association of Fish and Wildlife Agencies’ best management practices in support of species-specific and humane trapping methods.

The FWC is hosting multiple online webinars where participants will have an opportunity to ask questions. Public feedback can be provided via an online commenting tool. Webinars are scheduled for the following dates and will cover the same information during each session:

Tuesday, November 30, 1 to 4 p.m.

Wednesday, December 1, 1 to 4 p.m.

Saturday, December 4, 9 a.m. to noon

Monday, December 6, 9 a.m. to noon

Thursday, December 9, 6 to 9 p.m.

Participation in the webinars will require

access to the Internet or a telephone for audio-only access. Space is limited to the first 200 people to join each webinar.

Regulated trapping is a species-selective and humane way to manage wildlife for the benefit of people and wildlife populations, and is a component of many wildlife management programs in the United States. It can reduce human-wildlife conflicts, impacts from invasive species, damage to property and habitat degradation. Trapping also is used to help protect imperiled species, relocate animals and restore populations in areas where conditions are suitable for the species to thrive. It is a way to minimize public safety threats caused by wildlife, including animals that are sick or diseased. Licensed members of the public participate in regulated trapping for the sustainable harvest of wildlife for food and other uses. Throughout the country, trapping is recognized by wildlife managers as a beneficial management activity to maintain healthy wildlife populations.

To attend the webinars or comment, visit www.myfwc.com/trappingrules.✱



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Thankful For Ocean Love And Memories

submitted by Shannon Stainken,
Youth Education Director

Every day, marine science educators are out exploring Sanibel's unique habitats and discovering the wonders of the ocean with students of all ages. As Thanksgiving approaches, Sanibel Sea School staff reflect on the experiences that they are grateful to have had with students in the field:

Dana Donkle: "I taught a Sea Squirts (ages 4 to 6) class once on a pretty gloomy day. The sun wasn't out, it was wavy and the water was turbid, making it a little tricky to use nets with young explorers. The topic of the day was fish and I really wanted to make sure they got to see some. I decided to try the cast net and, on the first throw, I noticed the net was heavy...



Dana Donkle gives children a quick look at a snook caught in a cast net before its releast back to the gulf photo provided

students quickly jumped to help, and we pulled the net in together. As soon as we got it out of the water, the children's faces lit up in amazement. We caught a snook! It was as an unexpected opportunity for the little ones to see a fish up close and better yet, one that was almost as big as them. After a quick look, we released it back into the gulf. I am thankful for this moment, and the joy we bring to students every day."

Brianna Machuga: "One of the things that I am most grateful for is being able to teach entire family units during land-based private sessions. I had a group a few weeks ago that was three generations: kids, parents and grandparents. For some, it was their first time experiencing the island. We learned about barrier islands and shell biology, found sand dollars and used seine nets. Seeing the joy on the children's faces as they pulled in a net full of fish and the smiles on the grandparents' faces as they watched their grandkids learn a new skill is amazing. Helping generations of family members experience the joys of the ocean all together for the first time is truly incredible."

Joey Garofano: "I love that I get to help students appreciate their environment and watch them develop knowledge and confidence throughout the courses we offer. I had a student in after school fishing once that was super nervous at the beginning of the class. He didn't want to handle any of the creatures, or even put a foot in the water. By the end of the class, however, he was fully immersed in the activities and didn't even want to get out of the gulf to go home. I am grateful to

be part of the transformation in students' attitudes towards nature."

Kim Bouwkamp: "One of my favorite experiences has been helping with our No Child Left on Shore field trips. It is incredibly special to be able to explore the ocean alongside children who rarely, or never, get to the coast. On one trip with an after-school group from the Pine Manor Improvement Association, we found seahorses and sea stars. I'll never forget their reactions and sense of wonder. Their excitement is contagious, and it fills me with joy. I am so thankful these experiences are part of my workday and I am grateful I get to explore our beautiful island with our outreach partners."

In a world dominated by technology, it is becoming that much more important to get children outside and experiencing nature. Rachel Carson said it best: "If a child is to keep alive their inborn sense of wonder without any such gift from the fairies, they need the companionship of at least one adult who can share it, rediscovering with them the joy, excitement and mystery of the world we live in." Sanibel Sea School educators are thankful to be that adult and encourage children to unplug and discover. As families gather to enjoy each other's company for the holidays, this is a perfect opportunity for parents and grandparents to explore with their children or grandchildren. So, Sanibel Sea School is assigning homework for the first time: Go outside and take a walk with loved ones to start off Thanksgiving. Stroll the beach or around the neighborhood – nature is everywhere if you take the time to look.✧

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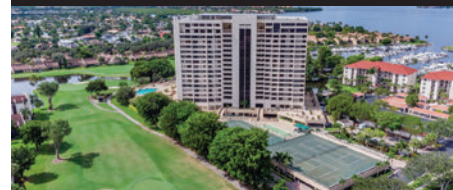
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Superior Interiors

Transform Home For Holiday Greetings



by Marcia Feeney

Merry Christmas, happy Hanukkah, blessed Ramadan and Kwanzaa greetings! It's the time of year when our families all come together to share the wonderful

holidays. What better time to transform your home into its best celebration mode.

Here are but a few suggestions to give your home a cozy and festive glow:

Dress up the front door with a floral wreath or colorful holiday arrangement and light the walkway with luminaries or plenty of outdoor lighting.

The foyer deserves special attention since this is the where the first impressions are made. The front hall must be welcoming with good lighting and perhaps a holiday arrangement on the hall table. Mirrors and candlelight will brighten a foyer nicely, and a rich oriental rug can add a luxurious touch. Perhaps this is the year to consider an elegant wall covering in your entryway. Holidays are the time of year to display your most

elaborate accessories in all their glitzy glory.

Since family and friends usually settle into the living or family room, careful attention should be paid to the arrangement of your furniture. Is the furniture grouped for the best conversational arrangement? Is there plenty of room to traverse the area? Are there easily accessible places for elderly guests to sit?

In the dining room, your goal should be a stimulating ambiance for dining, conversation and fun. Drape the table with festive holiday linens. For an enchanting combination, cover your table with two tablecloths, a richly colored solid base cloth topped with a beautiful sheer cloth sprinkled with "sparkly things" appropriate for the holiday. The centerpiece should be special but low-profiled since you don't want it to be a detriment to conversation. Candlesticks are perfect. Mixing and matching your china and silver pieces can be a charming and eclectic way to experience those special heirlooms.

If your family likes to gather in the kitchen (and whose doesn't?), make sure there are attractive accessories such as bowls of fruits, candies, pastries, or flowers in view. Keep a kettle of "aroma punch" on your range top to provide that special holiday aroma throughout your home.

If you are expecting overnight guests, make them feel welcome by enhancing the guest room with fresh flowers or potpourri. Holiday-themed throw pillows

on the bed add a cozy dimension. A good reading light and water carafe by the bed are thoughtful touches. Remember to put out plush towels and extra toiletries for your guests.

There are dozens more ways to make your guests and family feel at home for the holidays. Put your own

family's customs into everything you do. Preparing to welcome friends to your home is a lot of fun and ensures a memorable visit for you and your special guests.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindecaden.com.✽

Rotary Happenings

submitted by Cindy Carter

Turkey and cranberry sauce. Being with family and sharing favorite dishes. Getting together to be thankful for all that we have, and having a mother-in-law that is never wrong! Crazy family that I love to see and love to see leave. More sleep. Catching up with nieces and nephews face to face.



These were some of the answers of a quick survey on "What does Thanksgiving Mean to You?" that was given to my family. Our family gets together for a week to celebrate Thanksmas, the combination of Thanksgiving one day and Christmas the next. The whole family together, all 22 of us and five dogs, means that there will be people sleeping everywhere, crammed in bedrooms, basements, and it has even expanded to campers. Some go hunting, some play cards and games, some catch up on sleep and others are cooking and baking. But we are all together, ages 3 to 78, with our different personalities, different family types, and different political views. And yet, somehow, it all seems to work. Laughter and smiles are heard throughout, and if you have a mother like mine, there is no spot in the house where can't hear her cackling laugh once you get her started.

I'd like to think that all of the family, in a way, lives our lives and by the 4-way test. Is it the truth? Is it fair to all



image provided

concerned? Will it build goodwill and better friendships? Will it be beneficial to all concerned? While we may not have specifically or even purposely asked these questions to ourselves, I think that if a family were to ask these questions, it would create the sense of calm and happiness that our family shares. I am so very thankful for my family and all of our quirks, being able to laugh at both the quirks and at ourselves. We have a healthy respect for our differences and speak to each other with love and kindness in our hearts.

The Rotary 4-Way test of the things we think, say or do, is not only a great test for Rotarians, in daily life and in business, but for everyone in everyday life.

The Sanibel-Captiva Rotary Club is holding meetings on Zoom and in person at The Community House, 2173 Periwinkle Way. Doors open at 7 a.m. and the meeting begins at 7:30 a.m. Email william.harkey@gmail.com by the Tuesday before the meeting if you would like to attend in person. All are welcome. For more information, visit www.sanibelrotary.org.✽

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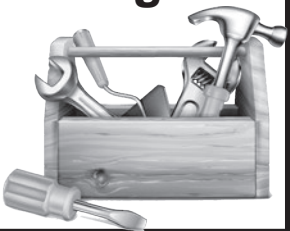
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—by Emily, *The Sanibel School*

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were doing our roof
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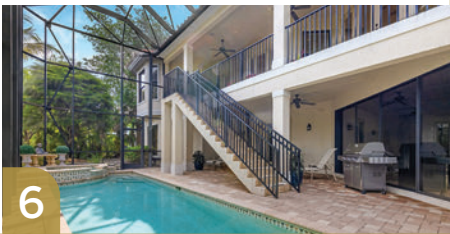
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Will Power

Roots Of Entitlement



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Dan Sullivan, founder of the Strategic Coach program, says that “so long as you can write a check to solve a problem, it’s not a problem.” I found comfort in his advice since common, everyday worries tend to bother me. But it wasn’t always so.

While growing up, money was tight, so writing a check to solve problems wasn’t possible. If I wanted something, like concert tickets, a car, a college (or law school) education, I had to work (or borrow money) to achieve that goal.

Admittedly, as a young man, I was resentful of my friends who had check-writing capable parents. Looking back, however, I appreciate having to face and overcome difficult challenges, as it forged me into the man I am today.

It wasn’t until I reached my 40s that I earned the financial resources to solve problems using Sullivan’s method. Just about that time in my life, my own children entered their formative years. Addressing an issue that is germane to others with means, should we write checks to solve our children’s problems? Is that the appropriate strategy for our progeny?

I deal with this very issue in my estate planning practice every day. Clients worry about fostering entitlement attitudes within children and grandchildren, asking me how their trust documents might address these concerns. Loving parents pay for college and post-graduate educations, overseas study and down payments for first homes. Because of my personal background, I understand those who want to pave a smoother road for their children than the one they traveled.

But is it beneficial to write checks to buffer our children’s difficult and challenging life experiences?

In an interview with *The New York Times Magazine*, clinical psychologist Becky Kennedy emphatically states, that’s not a good idea. She was asked, “How do I not have an entitled kid?” She answered, “...entitlement, what does that mean? It’s the entitlement not to feel frustrated. Because when a kid is like, ‘You didn’t get me a first-class ticket,’ it’s not that they expect ‘first class’ so much as they feel that they shouldn’t have to be frustrated.”

Dr. Kennedy’s point is that to raise a child to healthy adulthood, parents shouldn’t sweep away frustrations, rather they should allow the child to experience them, forcing

them to cope. “...When the distress light goes on, we want to operate on a dimmer. If you think about all the worst adult coping mechanisms, they are an attempt to turn a feeling off, not an attempt to dim,” notes Dr. Kennedy.

Everyone has feelings of frustration. It’s part of life. But for the child who has never had to deal, it “...must be (like) having a terrifying experience... to feel something they’ve learned that they should never feel. Using money to always avoid disappointment can lead to that,” she said.

It’s useful for parents to be emotionally validating, instead of financially supportive. Ultimately, when frustrating moments come, the child must be able to say to himself, “Oh, this is part of living; I know how to do this,” rather than, “This should not be happening; I have no skills to deal with it.”

Our children are unique human beings, each different from the other, and different from us. Experts write hundreds of parenting books, but aren’t we all just winging it as circumstances warrant? It’s certainly important to hold ourselves accountable, but that also means to let our children be held accountable – or to even fail from time to time.

As much as writing checks can solve short-term problems, allowing our children to build their own emotional capital pays long-term dividends.

©2021 Craig R. Hersch. Learn more at www.floridaestateplanning.com.✧

New Senior Services Director

Erika Broyles is a new member of the FISH of SanCap team. She joins the nonprofit as senior services director. “We’re very fortunate to welcome Erika, an incredibly talented member of the Southwest Florida community,” said Maria Espinoza, FISH assistant executive director.



Erika Broyles

In her position, Broyles will oversee

senior programs, working with community stakeholders to ensure FISH continues to meet the needs of island seniors. Broyles received her bachelor’s degree in social work from Austin Peay State University. Her career has focused on serving individuals with mental health needs on an acute care level. Before joining FISH, Broyles specialized as a clinician on a children’s crisis unit. She grew up on Sanibel and has an 8-year-old daughter.

“Joining FISH will allow me to provide interactive educational programming to the older population of the Sanibel and Captiva community. I’m excited for this opportunity and look forward to working with community members and organizations on the islands,” said Broyles.✧

How’s The Market? Ask Ann
Buying or Selling? Read this!

The often used “As is” Sales contract approved by the Florida Association of Realtors allows the Buyer to cancel the contract during a specific period of time. In my experience, the time period is negotiated between 7-14 days. This time allows the Buyer to get a home and termite inspection. These costs range between \$500 and \$800. Additional fees are charged for mold, seawall and other miscellaneous Inspections.

The Seller is not required to pay for repairs identified in the report. Having said that, the Sellers may be willing to negotiate a limited amount of repairs but are not required to do so. We will provide you with names of local inspectors, and recommend you interview and ask questions to determine who will do the best job for you.

In conclusion, both Buyers and Sellers should be aware of the due diligence period when negotiating a sales price. If you are looking for an experienced Realtor to represent you, I am consistently in the top 10% and a Certified Negotiator. I can save Sellers \$15,000 on an average sale and if you buy through me, I will reimburse you for a home inspection and pay for a Home Tech Appliance warranty. Thank you for reading my column.

10 Closed Sales Going Back One Week: 1 Home, 7 Condos & 2 Lots			
1894 Farm Trail Vacant Lot -	\$182,000	5775 Baltusrol Ct. 301 Ibis at The Sanctuary -	\$656,000
1219 Par View Dr. Vacant Lot -	\$410,000	760 Sextant Dr. 141 Mariner Pointe -	\$672,000
1610 Middle Gulf Dr. F4 Spanish Cay -	\$571,000	671 East Gulf Dr. 2D3 Sandalfoot -	\$793,000
200 Periwinkle Way #120 Lighthouse Pointe -	\$600,000	5681 Baltusrol Ct. 2B Heron at The Sanctuary III -	\$849,000
2445 West Gulf Dr. C44 Pointe Santo -	\$640,000	682 Pyrula Ave. -	\$2,015,000

Have a good week and call me with any comments or questions.

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Frankly Speaking



by Howard Prager

After what all of us have been through the past two years, I want to share what I'm thankful for from the world of sports. Some of these items may be on your list too.

I'm thankful for a full year of sports without any bubbles or interruptions – only after savoring and enjoying full seasons and some classic finals this past year can I appreciate that even more.

What a great year in baseball, from spring training all the way through the Braves winning the World Series.

I'm thankful that this coming year minor leaguers will start getting some better wages and help to ensure they can have a roof over their heads. How about a year without steroids and drugs being a big issue? An even playing field.

I wish they could put the Field of Dreams game in a bottle and like a genie, open it once a year. The perfect location, the perfect drama, the perfect comeback. May next year's game be as fun.

I'm in awe of Shohei being able to pitch and hit so very well. MVP for the ages. Older rookies who make a huge splash (and hopefully will come back.) I'm talking about you, the Yerminator. (Yermin Mercedes of the White Sox and Frank Schwindel of the Cubs.)

I'm thankful that college football is back, same time, same places. And to see so many college teams that are always at the top lose (at least) once this season. We're nowhere close to parity, but it does show everyone's human. Upsets. It's why we tune in and watch. Which Goliath can be beaten by a David, or maybe just another Goliath. True in all sports, but I feel especially that in college sports.

I'm hopeful the Cincinnati Bearcats will

make it into the FBS this year. Fans in the stands. For all sports. Enough said. And bands on the field and in the stands. Said as a proud NUMBalum (Northwestern University Marching Band alum.)

The NCAA Tournament being played in the cradle of college basketball, Indianapolis (and yes, there was limited seating, but at least fans were there). The Baylor Bears winning their first NCAA basketball championship. Or 102-year old "mascots" who can inspire a bunch of 18-year-olds. Thank you Sister Jean of Loyola.

The emergence in prime time of women's sports (the WNBA and Women's Professional Soccer). With great playoffs as well.

The first woman GM in baseball. The Milwaukee Bucks winning their first NBA Championship. And the classy guy in the middle of it all, Giannis. Nice to see a superstar who is down to earth.

The Tokyo Olympics. I said they should not be held without fans in the stands. Tokyo proved me wrong, as I watched so many elite athletes have their chance to set world records.

The Paralympics showing true grit for so many athletes who deserve all the recognition they can get, for they worked to overcome physical hardships to perform so incredibly well.

Whether you love or hate Tom Brady, he's shown he has competitive powers into his 40s at least. They may have to have a Hall of Fame wing for "Pops" Brady whenever he's had enough.

Lightning can strike twice. Congrats to Tampa Bay for repeating in the Stanley Cup.

A video of Tiger Woods taking a swing at a golf ball with the words "Making Progress." It's the first time we have seen anything like that since his horrific car accident in February.

Thanks to the many tennis players who called on China to let Peng Shuai free. Shuai, a No. 1-ranked doubles player, went public with her allegations of sexual assault against Zhang Gaoli, a leader of

the Chinese Community party's ruling Standing Committee. It was feared that her allegations would end her tennis career. Until this weekend, she had not been seen or heard from.

Today's good news story is from *As It Happens* and several media outlets about mountain climbing. "Dierdre Wolownick says it's never too late to start a new hobby. And she should know. Wolownick started climbing at the age of 60 in an effort to be closer to her son, Alex Honnold, a world-famous climber and star of the documentary *Free Solo*. Now, 10 years later, she's scaled the formidable El Capitan rock formation at California's Yosemite National Park for the second time, on her 70th birthday. "You have to think about where I was 10 years ago. I was lumpy. I was working all the time. I didn't have time for this. I didn't think I could do it," Wolownick told *As It Happens* host Carol Off. "But you never know until you go try. You know, it turns out that you could do anything you set your mind to if you just approach it by baby steps, you know, just backwards engineer what you want to do." Wolownick is believed to be the oldest woman to ever reach the summit of El Capitan. In doing so, she beat her own record, which she set on a climbing expedition there with her son when she was 66. FYI: Gerry Bloch claimed the title of oldest person to climb El Capitan in 1999 at the age of 81."

Thanks to my publisher Lorin Arundel, for giving me a chance to share my points of view and some angles of sports that the

daily press may not cover. And thanks to you for reading!

In an earlier column, I reported on former baseball manager Clint Hurdle's daily encouragement email. This week he shared this from Melody Beattie: "Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend."

Happy Thanksgiving friends. Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandsunnews.com.✪

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SPORTS QUIZ

- 1. NASCAR drivers Darrell Waltrip, Ricky Rudd and Ricky Craven won a combined 20 races driving a colorful car sponsored by what brand of laundry detergent?
- 2. Name the documentary filmmaker who directed *Baseball* (1994), *Jackie Robinson* (2016) and *Muhammad Ali* (2021).
- 3. What Miami University RedHawks standout was selected by the Minnesota Timberwolves in the first round of the 1999 NBA Draft?
- 4. What track and field event is traditionally held in April in Des Moines, Iowa?
- 5. Who scored the lone run in Game 6 of the 1995 World Series to clinch the championship for the Atlanta Braves?
- 6. What Toronto Maple Leafs player died in a plane crash in 1951 and was not recovered until 1962?
- 7. "The War on the Shore," "Battle of Brookline" and "Meltdown at Medinah" are famous events in the history of what golf competition?

ANSWERS

- 1. Tide. 2. Ken Burns. 3. Wally Szczerbiak. 4. The Drake Relays. 5. David Justice. 6. Bill Bantilo. 7. The Ryder Cup.

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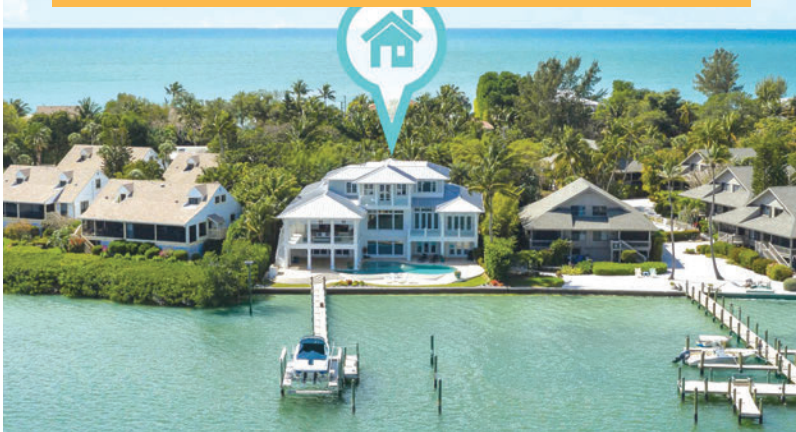
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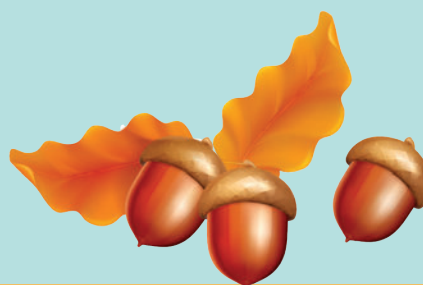
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Health First

Mindful Eating



by Julie Rosenberg, MD

Throughout the holiday season, most of us are inclined to overeat. During this time, we are tempted with an abundance of food choices. We snack on tasty

appetizers and sweets, enjoy festive meals, and are more likely to drink high calorie beverages, such as eggnog and hot buttered rum. While one or two days of overeating is not a problem for most people, constant overindulging throughout the holidays is a recipe for weight gain and indigestion.

I know firsthand that one of the best ways to combat holiday overeating, without dieting or missing out on some of your favorite foods, is to practice mindful eating. I've practiced mindful eating for over 20 years and suggest that you give it a try.

What is mindful eating?
Mindfulness is the capacity to bring your full attention and awareness to the present moment, without judgment. Mindful eating brings mindfulness to your food choices and to your experience of eating. A mindful eating practice helps you to tune into your body's signals for

food and its response to the food you are eating.
Following are eight mindful eating techniques that will help you to gain control over your eating habits.
Be aware of hunger cues and eat only when you are hungry.
Before eating, take a moment to appreciate your food. Pause for a minute or two to contemplate everything and everyone it took to bring the meal to your table.
Take small bites. It's easier to taste food completely when your mouth isn't full.
Eat slowly and chew your food thoroughly.
Engage your senses. Notice colors, smells, shapes, textures and flavors.
Observe (without judgment) the effects that food has on your feelings. You may crave certain foods to relax, relieve stress or boredom, soothe anger, or cope with loneliness or sadness. Indulging in cravings during the holidays may lead you to eat too many high-calorie, sweet, fatty foods.
Appreciate your food. Foster gratitude for everyone involved in the cultivation and preparation of this item of food.
Stop eating when you are sated (full). When you eat past full, you ignore your body's signals to slow down and stop eating. It takes your brain up to 20 minutes to realize you're full. If you eat too fast and fail to slow down, the fullness signal may not arrive until you have already eaten too much.
The most important aspect of a

mindful eating practice is that you learn to pay attention so can better address questions about food such as:
Am I eating because I am hungry?
Am I eating because emotions are triggering my eating?
Is what I am eating healthy?
How does eating this food make me feel during and after eating?
How full (or sated) am I before, during and after eating?
In summary, during the holiday season, engage your senses in a variety of ways – the sounds of holiday music, the crackle of an evening fire, or the scent of a holiday candle. When it comes to holiday foods, mindful eating will help you to savor the foods you enjoy without overindulging. And, if you continue to practice mindful eating throughout the year, it has great long-term benefits:
You learn to eat when you're hungry and stop when you're sated.
You learn to really taste food, and to enjoy the taste of healthy food.
You start to realize that unhealthy food doesn't really make you feel very good, nor does it solve problems.
You begin to sort through any emotional issues you have around food and eating.
You learn to enjoy the eating experience more since you're more present.
You learn how food affects your mood and energy throughout the day.
May you all enjoy the holiday season!
Julie Rosenberg, MD, is a global healthcare leader, medical consultant

and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www.drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.✱

Hope Trees Honor Loved Ones

The Hope Hospice Tree of Lights tradition offers a meaningful way to commemorate loved ones while providing essential funds for those in need of hospice care and grief support.
Hope's Care Centers in Fort Myers, Bonita Springs, Cape Coral and Lehigh Acres will each feature a Tree of Lights adorned with white paper butterflies. With a \$50 gift, Hope will customize a butterfly with the name of your loved one and place it at the location of your choice. Donors who give \$100 will also receive a 2021 keepsake metal ornament engraved with the Hope Hospice logo.
To learn more about honoring a loved one this holiday season, visit www.morehope.org/tree or call 482-4673.✱

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Bizarre and Important Recalls You Should Know



by Suzy
Cohen, RPh

Dear Readers: Some product recalls are easy to understand because they're supplements that are contaminated with drugs, for instance. But others are a little

bizarre like exploding bottles. Recently, there's been a flurry of recalls by the U.S. Food & Drug Administration (FDA) and today's article is to make you aware.

For more information about anything you read here, you can do one of two things: visit my website (www.suzycohen.com) where I have a link to each recall directly and provided more information; or visit www.fda.gov and search the specific product. In no particular order:

Odor-Eaters – These are widely sold foot spray products that are useful for fungus and foot odor control, and there are other names that this product goes by like “stink stoppers.” Over 40 different lot numbers of various Odor-Eaters products were recalled in November 2021 due to the presence of benzene, which is categorized as a human carcinogen.

No reports of adverse events have been reported thus far.

Curry Powder brand “Salma” or “Casablanca” – It may contain peanut residue and some people are highly allergic to peanuts, and experience life-threatening anaphylaxis. The label failed to disclose this.

Red, Yellow or White Onions – There were recalled in October, due to the potential presence of salmonella which can cause diarrhea, fever, stomach cramps and subsequent dehydration. Onions by various different brand names were recalled, meaning millions and millions of onions are contaminated.

Dietary Supplements by Nutracap – These were recalled due to undeclared milk on the labels. There was no illness, but the company is taking a precaution to alert consumers of the potential presence of dairy in their vast array of supplements (sold nationwide) because some people experience severe reactions to dairy proteins.

Salmon Lox in different brands: Aqua Nova, Tony's and North Coast – This was a voluntary recall due to the potential contamination of *Listeria monocytogenes*, which can cause serious infections.

Candida Flush, a dietary supplement made by Mountain Meadow Herbs – 54 bottles of their formula with lot #0120011Q, a precautionary recall because one bottle was found to ‘explode’ for lack of a better word, upon opening. In a bizarre twist of fate, the bottle had apparently become too pressurized over time, while in storage or during transit.

MaryRuth's Liquid Probiotics for

Infants – Sold nationwide through Target, Amazon and a private website. Two lots were recalled due to the possibility of contamination of *Pseudomonas aeruginosa*.

Hand Sanitizer by American Screening – Voluntarily recalled because they look like water bottles. This poses a risk to people who might accidentally mistake it for a beverage.

Methocarbamol 500mg made by Bryant Ranch Prepack – Lot #163935 is

being recalled because it contains 750mg of the drug, not 500mg.

Chantix by Pfizer – Smoking cessation medicine was recalled over the summer due to the presence of nitrosamine in some of the pills.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.☆☆

Got A Problem? Dr. Connie Is In



by Constance
Clancy

Q: What are the benefits of exercise in helping the brain?

A: While exercise strengthens your body and cardiovascular system, the vascular part includes the blood vessels, which supply your brain. We know now that exercise also improves your resistance to stress while improving mood and balancing neurotransmitter function. If one can exercise just 30 minutes a day, it can raise serotonin levels and prevent the use of medication for depression.

Simply walking vigorously for these 30 minutes a day can be most helpful for our

brains to function optimally.

Just about everything having to do with exercise can help keep the entire you in balance. Remember, we are all connected in body, mind, emotions and spirit. It can help in the production of new brain cells, which is called neuroplasticity. If you experience pain, exercise increases your endorphins, which are your body's natural pain killers. Once you get in the groove of regular exercise, know that you are benefitting your body in so many ways. It prevents cancer and balances hormones, and it is also known to prevent dementia.

Given the amazing benefits of exercise and the many ways it helps brain function, who wouldn't want to get out and spend 30 minutes daily taking the ultimate care of yourself?

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.☆☆



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Doctor and Dietician

Change: Love It Or Hate It?



by Ross Hauser, MD and Marion Hauser, MS, RD

As most readers know, 2020 was a year of change for Caring Medical. We closed our Illinois office, moved equipment and staff to Florida, hired an upper cervical chiropractic physician specialist, and opened the new Hauser Neck Center in the building next door to our first building after a complete overhaul and renovation of the building. More change is on the horizon for our team. In preparation for our new Cone Beam CT (CBCT) Scan, we needed to make even more changes to our original building. Because we are wholistically-minded, we walk to the beat of a different drummer, thus, change happens frequently, having tried many different treatment modalities to better help our patients, striving to learn and seek better

ways of doing things. As we were discussing the upcoming plans with our team, it came to light that not all people are lovers of change. In fact, many people hate change. Change can lead to chaos if not planned well. But, in our opinion, change allows for new chances, growth and challenges. If change makes you want to run for the hills, have you thought about why? Do you worry about what "might happen?" Do you fear failure? It might be a good idea to examine those thoughts. When starting in business, we learned early that implementing change for optimal outcomes occurs using a more structured approach versus just making decisions randomly. The changes can have far-reaching effects on the company as well as the team. To best manage change, here are four principles of change management from Mind Tools Content:

1. Understand change. Know why you are making the changes so that you can convey how the change will impact others positively. 2. Plan change. Effective change does not happen by chance. Think about what successful change looks like and what goals are needed to produce it. 3. Implement change. How exactly are you going to make the change? Ensure everyone involved knows what is needed to produce successful change. 4. Communicate change. Make sure your changes are clear and relevant so that people understand and embrace what they need to do and why.

Are you facing some major change? Starting a huge construction project, helping your kids through major life events,

encouraging an aging parent to find ways to embrace some age-related physical challenges, or choosing a different career path? Sometimes change involves a decision that was made freely and, other times, it's something that happened without our input and now forcing us out of our normal routines. Either way, embracing change and planning out how it is going to happen will make the process a lot easier. Oh, and you may be wondering what a Cone Beam CT scan is! This

new technology will help us visualize our patients' heads in 3D showing any abnormalities that may be blocking blood flow from the brain, such as enlarged styloid processes. More to come on that... This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.✱

Island Seniors Activities

Island Seniors, Inc. is offering the following activities at the Sanibel Recreation Center: Coffee Social – Monday to Friday at 9:30 a.m. Social Bridge – Monday and Wednesday from 12:30 to 3:30 p.m. Social Mahjongg – Thursdays from 12:30 to 3:30 p.m. Page Turners – second Tuesday of the month at 2:30 p.m. Cost for all games is \$3 for members and \$5 for nonmembers. Prizes are awarded. Hot dog lunches will be held at 11:30 a.m. in the Osprey Room on the following Wednesdays: November 24, December 8 and December 22. Cost is \$3. RSVP to Dave or Jessica at 472-0345.

There will be a meeting on Tuesday, November 30 kayak leaders. Topics to be discussed include leader responsibilities, prerequisite training and/or paperwork requirements, and signups for new or soon to be expiring CPR certification classes. The Center 4 Life is hoping to begin kayaking activities in December. For more information, contact Shawn Shaffer at 402-305-2813 or fast2swim@aol.com.

Learn to play Mahjongg with Katie Reid. Lessons will be offered December 6 through 10 from 9:30 to 11 a.m. You must attend all five days. The minimum number of students needed to hold the class is four and maximum is eight. Cost for Island Seniors members is \$15; non-members \$20.

The annual member/board meeting will be held on Saturday, December 11 in the outdoor pavilion at The Sanibel School. Parking will be available in the school parking lot. A vote will be held for three

new board members. Page Turners with Louise Fitzgerald is held on the second Tuesday of the month at 2:30 p.m., with an in person option at the new senior activity area at the Sanibel Recreation Center. The book for discussion on Tuesday, December 14 is *The Splendid and the Vile* by Erik Larson. If you would like to be added to the Page Turners email list, contact Louis Fitzgerald at sanibelbum22@gmail.com or call 304-707-1701.

Paul Lawrence offers QiGong classes via Zoom for Island Seniors free of charge. QiGong is a mind-body-spirit practice that improves one's mental and physical health by integrating posture, movement, breathing techniques, self-massage, sound and focused intent. The class meets every Tuesday and Thursday at 3:30 p.m. No preregistration required. To access the class, log in on Zoom and use ID: 881 9005 3793 with password: qigong.

An arts and crafts fair will be held on Saturday, February 5 at the outdoor pavilion. Volunteers are needed to help with set up and break down of tables and chairs, monitoring activities throughout the fair and directing individuals to the pavilion. Hots dogs will be sold along with soda and chips. Contact Dave or Jessica at 472-0345 if you would like to volunteer.

Sanibel resident and Center 4 Life volunteer Cristina Shaul leads a simple, guided meditation via Zoom on Mondays at 4 p.m. Sessions are designed to bring peace, calm and clarity. No experience is needed. Sessions last approximately 20 to 25 minutes. Shaul encourages participants to sit in a comfortable chair. The Zoom camera can be on or off. For access, go to <https://us04web.zoom.us/j/79975149666?pwd=TVd5ZjcxcFptVWRZbGhhVkwyUXFZdz09>.

The Sanibel Recreation Center is located at 3380 Sanibel-Captiva Road. For more information, call 472-0345.✱

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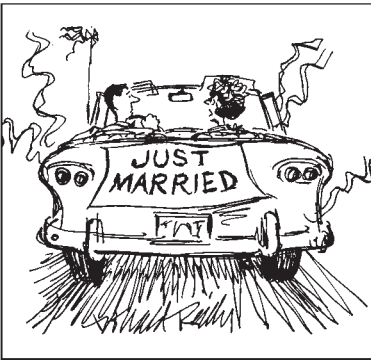


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Sanibel Police..... 472-3111
Lee County Sheriff's Office 477-1200
On Call Captiva Deputy..... 477-1000
Fire Department, Sanibel 472-5525
Fire Department, Captiva 472-9494
Florida Marine Patrol..... 332-6966
Florida Highway Patrol 278-7100
Poison Control..... 1-800-282-3171
Chamber of Commerce..... 472-1080
City Council 472-4135
City Building Department..... 472-4555
City Manager 472-3700
City Planning & Code Enforcement Department 472-4136
City Public Works 472-6397
Library, Sanibel 472-2483
Library, Captiva 239-533-4890
Lee County Mosquito Control 239-694-2174
Post Office, Sanibel 472-1573
Post Office, Sanibel (toll free) 800-275-8777
Post Office, Captiva..... 472-1674
Sanibel Community House..... 472-2155
Center 4 Life, Senior Center..... 472-5743
- ARTS**
Arcade Theater..... 332-4488
Art League Of Fort Myers..... 275-3970
BIG ARTS..... 395-0900
Broadway Palm Dinner Theatre 278-4422
Fort Myers Symphonic Mastersingers 288-2535
Gulf Coast Symphony..... 277-1700
Herb Strauss Schoolhouse Theater..... 472-6862
Lee County Alliance for the Arts 939-2787
Naples Philharmonic..... 597-1111
Sanibel Music Festival 336-7999
Sanibel-Captiva Art League sancapart.org
Southwest Florida Symphony 418-0996
Symphonic Choral of Southwest Florida 560-5695
- CLUBS & ORGANIZATIONS**
ABWA..... <http://abwasanibelcaptiva.org>
American Legion Post 123..... 472-9979
Angel Flight SE 1-877-4AN-ANGEL
Audubon of SWFL..... <https://www.audubonswfl.org/>
Audubon Society..... 472-3744
Bailey-Matthews National Shell Museum 395-2233
CHR Community Housing & Resources 472-1189
Community Foundation of Sanibel-Captiva 274-5900
COTI Committee of the Islands coti@coti.org
CROW, Clinic For The Rehabilitation of Wildlife..... 472-3644
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) 211 984-5920
FISH OF SANCAP Neighbors Helping Neighbors 472-4775
FISH OF SANCAP 24-hr service..... 472-0404
Horticultural Society of the Islands..... 472-6940
Horticulture and Tea Society of Sanibel and Captiva . 472-8334
JN "Ding" Darling National Wildlife Refuge 472-1100
Kiwanis Club 677-7299
League of Women Voters sanibelLWV@gmail.com
Lions Club, Jeff MacDonald..... 302-521-1158
Master Gardeners of the Islands 472-6940
Military Officers Assc. of America, Alex MacKenzie .. 395-9232
Newcomers 472-9332
Notre Dame Club of Southwest Florida 768-0417
Optimist Club..... 472-0836
PAWS, Protection of Animal Welfare Society 239-313-6918
Progressive Club of the Islands pcisancap@gmail.com
Rotary Club 472-7257 or 472-0141
Sanibel Bike Club sanibelbicycleclub.org
Sanibel Beautification Inc..... 470-2866
Sanibel-Captiva Orchid Society..... 472-6940
Sanibel-Captiva Power Squadron ... www.sancapboating.club
Sanibel-Captiva Republican Caucus..... 395-0819
Sanibel-Captiva Shell Club..... 267-7291
Sanibel Historical Museum & Village 472-4648
Sanibel Island Fishing Club..... 472-8994
Sanibel Youth Soccer..... 395-2040
SCCF Sanibel-Captiva Conservation Foundation..... 472-2329
SCCF Sea Turtle Hotline..... 978-728-3663
Shell Islands Garden Club 246-8875
United Way of Lee County - 24 hour helpline 211 433-2000
Zonta Club 728-1971

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press@islandsunnews.com

PUZZLES

Answers on page 54 and 55



"Isn't it about time you
_____ in this heap?"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Deal

RATED

Bonus

DRAWER

Keep

NEARIT

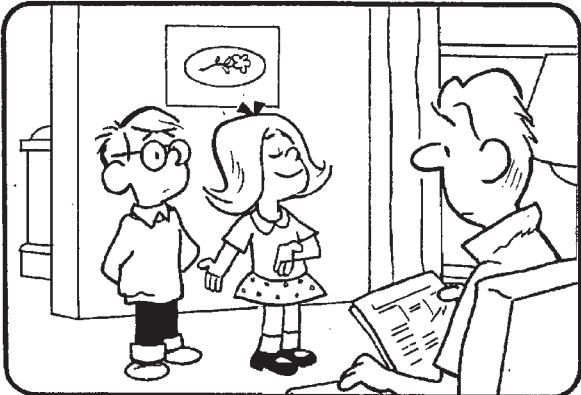
Ignite

LINKED

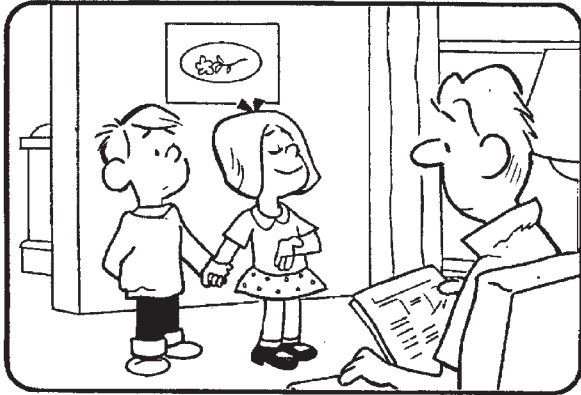
TODAY'S WORD

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Flower is reversed. 2. Glasses are removed. 3. Collar is missing. 4. Hair is different. 5. Children are holding hands. 6. Socks are shorter.

4					9	2		5
		3		6			4	
	9	8	2			6		
	4				3		5	
2			5			4		
		9		7				1
	7	2		1			9	
	1				4	3	7	
6			9					8

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 55

Super Crossword

ON THE
BUTTON

- ACROSS**

1 Whiteboard wipers

8 Ballpark figure

16 Ballpark figure

20 "Working Girl" actress Griffith

21 Device guiding a train off its track to avoid a collision

22 Wed. follower

23 Functional again after an outage

25 Gas: Prefix

26 "Do Ya" rock gp.

27 Salty Greek cheese

28 Figure skater Midori —

29 "The Pleasure — Company" (Fred Astaire film)

30 Musical key with two sharps: Abbr.

32 Brief hesitation to let words hang in the air

38 Napoleon exile site

42 Milan locale

43 Designer McCartney

44 Symbol used twice after "http:"

48 Guys who read gas or water gauges

50 Open space

51 Dwayne who played Dobie Gillis

53 Apt to snoop

54 Really mean

57 Rat- — (knock noise)

58 Certain choir voice

62 Summer hrs.

63 Phenomenon in hypnosis

67 Inedible kind of orange

69 Christmas seasons

70 Whac- — (carnival game)

71 Emily Dickinson poem with the line "Meek my Vive le roi"

78 Greek letters before xis

79 Henchman of Captain Hook

80 Eerie sign

81 Get 40 winks

82 "New Jack City" actor

83 Actor Gavin

86 Birds of a given region

88 Eyelash cosmetics

92 Periodical datum indicating years

95 Dog collar jinglers

96 Duelist Burr

102 Intl. oil group

106 Queen, in Madrid

107 Counterparts of egos

108 Skating leap

112 Pep rally cry

113 Writer Sarah — Jewett

114 Device on which you might see the first words of seven answers in this puzzle

120 Molson, e.g.

121 Government bureaus

122 Deny

123 Little whirlpool

124 Put limits on

125 Possibilities
- DOWN**

1 Plant firmly

2 Ruler's land

3 Tinfoil maker

4 Cinch — (Hefty brand)

5 Sufficient, in dialect

6 In season

7 Bench, e.g.

8 Actor Byrnes

9 Sun. homily

10 Mr. Capote, to his friends

11 Bond creator Fleming

12 Make smaller

13 Samuel of justice

14 Certain choir voice

15 Unit of work

16 Newspaper employee

17 A ship's steerer has control of it

18 Ear or heart part

19 Isolde's love

24 Get 40 winks

29 Repeatedly

31 Sabbath observers, collectively

33 Feel crummy

34 Actress Hagen

35 Kimono tie

36 K thru 12

37 Lordly home

39 Cato's lang.

40 Singer Mars

41 End in — (finish even)

44 Groups of devotees

45 Arboreal marsupial

46 Paraphrase

47 Zaire's Mobutu — Seko

48 Business school subj.

49 'Zine online

52 Resulting in something

55 "Here, have a sample"

56 "In — face!"

58 \$ dispenser

59 Little big cat

60 Part of TNT

61 Bad rating, perhaps

63 Furry friend

64 Mel's Diner waitress

65 D.C. VIPs

66 — Diego

68 "Fancy that!"

72 Laryngitic

73 Urban rec facility

74 Toon frames

75 Sports group

76 "When will — learn?!"

77 Think aloud

82 "You are not!" rebuttal

83 Carta lead-in

84 Roundish

85 Nick Jr. girl

87 "Fee, fi, fo, —"

88 Bacterium, e.g.

89 Stuck

90 Soiled

91 Certain food factory

93 Actor Chaney

94 German conjunction

96 Green-light

99 Loyal subject

100 Just kills time

101 — -mo

103 Utah city

104 Use as a surface for a meal

105 Munches on

109 Reverse

110 Journey

111 Gusto

114 Pothole-filling stuff

115 Outdated

116 RCA product

117 Brief moment

118 Suffix with hobby

119 — tai

1	2	3	4	5	6	7		8	9	10	11	12	13	14	15		16	17	18	19	
20								21									22				
23								24									25				
26				27								28				29					
30			31					32	33	34	35	36				37					
			38	39	40	41		42							43						
44	45	46						47						48	49						
50										51		52									
53					54			55	56			57					58	59	60	61	
62				63						64	65					66					
67			68					69								70					
71					72	73	74							75	76	77			78		
79					80						81						82				
				83						84	85			86			87				
88	89	90	91						92			93	94								
95								96							97						
98							99	100						101				102	103	104	105
106							107							108	109	110	111		112		
113						114					115	116	117	118				119			
120						121										122					
123						124										125					

King Crossword

- ACROSS**

1 Up to

4 Platter

8 Scoop holder

12 Olympics chant

13 Sicilian resort

14 Dryer fuzz

15 Sandal type

17 Pub potables

18 Computer whiz

19 Dog tags, e.g.

21 PC key

22 Excellent

26 Expire

29 Present location?

30 Med. plan option

31 Perry's creator

32 — Aviv

33 Hotel worker

34 From — Z

35 "Science Guy" Bill

36 Segments

37 Kanye West's music

39 Moonshine vessel

40 Japanese sash

41 Narcotic

45 Volition

48 Sound of hoofbeats

50 Tom Joad, for one

51 First-rate

52 Onassis nickname

53 Marries

54 A deadly sin

55 Moment

9 Tin Man's need

10 SSW opposite

11 UFO crew

16 Stage

20 Ten, in Dijon

23 "— she blows!"

24 Skip

25 Spacecraft compartments

26 Wife of Jacob

27 Intro studio class

28 Fall into a soft chair

29 Spelldown

32 Not out of the ordinary

33 Wizardry

35 San Francisco's — Hill

36 Thing on a string

38 Bagel features

39 Unites

42 Regrettably

43 Rent

44 Grand tale

45 Dazzle

46 White House nickname

47 Cover

49 Baseball's Gehrig
- DOWN**

1 Clump of grass

2 Capri, e.g.

3 Secular

4 Sully

5 Cove

6 — -Cat

7 Domed building in Washington D.C.

8 Purse fastener

101 — -mo

103 Utah city

104 Use as a surface for a meal

105 Munches on

109 Reverse

110 Journey

111 Gusto

114 Pothole-filling stuff

115 Outdated

116 RCA product

117 Brief moment

118 Suffix with hobby

119 — tai

MAGIC MAZE ● TOUGH —

F H D A X U R P M J G D A X V
S Q N C K I F D A X V T Q O M
J H F U C A Y W R U K R P G N
L J H S F D B E M I R C N O Z
X V T T R Q H O L L M I U K I
H F R O W T O H O E D D B L Z
Y W C M A V T S V D I T R Q O
N K A E R B S U E L K K T I H
F D L R O W D L O M D C O A Z
X S L I A N S A W T I V P O U
A S R Q O N M K J I I T S H C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: FEELINGS OF DEEP AFFECTION

- As leather

As nails

Break

Call
- Cookie

Customer

It out

Loss
- Luck

Old world

On crime

Row to hoe
- Sledding

Spot

Times

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FRIDAY
Sunny
High: 74 Low: 62



SATURDAY
Sunny
High: 75 Low: 65




SUNDAY
Mostly Sunny
High: 74 Low: 63




MONDAY
Cloudy
High: 75 Low: 64



TUESDAY
Mostly Cloudy
High: 77 Low: 65



WEDNESDAY
Mostly Cloudy
High: 76 Low: 66



THURSDAY
Partly Cloudy
High: 72 Low: 60

Redfish Pass Tides				
Day	High	Low	High	Low
Fri	4:00 am	12:10 pm	8:13 pm	11:40 pm
Sat	5:25 am	1:04 pm	8:35 pm	None
Sun	7:06 am	1:24 am	8:57 pm	1:53 pm
Mon	8:42 am	2:38 am	9:20 pm	2:38 pm
Tue	10:05 am	3:36 am	9:44 pm	3:18 pm
Wed	11:19 am	4:27 am	10:11 pm	3:53 pm
Thu	12:28 pm	5:17 am	10:41 pm	4:24 pm

Point Ybel Tides				
Day	High	Low	High	Low
Fri	3:05 am	12:12 pm	7:18 pm	11:42 pm
Sat	4:30 am	1:06 pm	7:40 pm	None
Sun	6:11 am	1:26 am	8:02 pm	1:55 pm
Mon	7:47 am	2:40 am	8:25 pm	2:40 pm
Tue	9:10 am	3:38 am	8:49 pm	3:20 pm
Wed	10:24 am	4:29 am	9:16 pm	3:55 pm
Thu	11:33 am	5:19 am	9:46 pm	4:26 pm

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	3:38 am	11:57 am	6:49 pm	10:28 pm
Sat	4:43 am	1:05 pm	7:37 pm	None
Sun	6:36 am	1:21 am	8:17 pm	1:59 pm
Mon	8:23 am	2:36 am	8:54 pm	2:46 pm
Tue	9:50 am	3:35 am	9:31 pm	3:31 pm
Wed	11:02 am	4:30 am	10:07 pm	4:17 pm
Thu	11:57 am	5:22 am	10:43 pm	5:03 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	6:10 am	3:26 pm	10:23 pm	None
Sat	7:35 am	2:56 am	10:45 pm	4:20 pm
Sun	9:16 am	4:40 am	11:07 pm	5:09 pm
Mon	10:52 am	5:54 am	11:30 pm	5:54 pm
Tue	12:15 pm	6:52 am	11:54 pm	6:34 pm
Wed	1:29 pm	7:43 am	None	7:09 pm
Thu	12:21 am	8:33 am	2:38 pm	7:40 pm

My Stars ★★★★★
FOR WEEK OF NOVEMBER 22, 2021

Aries (March 21 to April 19) This is a good time to let that intrepid Aries temperament take charge. Your strong leadership will help settle those still-unresolved situations. Support comes from a surprising source.

Taurus (April 20 to May 20) Your problem-solving talents shine as you move to cool down heated emotions. You also inspire trust in all parties when you act with careful consideration of their feelings.

Gemini (May 21 to June 20) That long-delayed commitment begins to look better to you. But there's still a crucial fact or two you need to know about it. A health problem needs to be taken care of.

Cancer (June 21 to July 22) Don't waste time trying to learn why someone you relied on is wavering in his or her support of your stand on a workplace issue. Move on with the help of more steadfast allies.

Leo (July 23 to August 22) Relationships enter a brighter period, both at home and in the workplace. Prospects also look good for single Leos and Leonas,

who can expect a welcome visit from Cupid.

Virgo (August 23 to September 22) Those mixed signals that were complicating your life are giving way now to clear, definitive guidelines. This makes it easier for you to weigh your options and make decisions.

Libra (September 23 to October 22) Ask your partner for an explanation of what seems to be a sign of strain in your relationship. The sooner you understand the problem, the sooner you can both act to resolve it.

Scorpio (October 23 to November 21)

A new challenge in the workplace holds an exciting promise for the future. But be aware of the fact that you haven't been told about all the demands you might have to meet.

Sagittarius (November 22 to December 21) Your financial picture brightens as you get into sorting out realistic goals and those that are not reachable at this time. "Caution" remains your fiscal watchword.

Capricorn (December 22 to January 19) You're deep into your new project, and that's just fine. But don't neglect your

continued on page 54

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END OF SUMMER AC TUNE-UP
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From page 52

My Stars

family and friends. Spending time with people you care for is always a wise investment.

Aquarius (January 20 to February 18) Past feelings are suddenly reawakened. This could make you emotionally vulnerable. Be careful about decisions you might be asked to make at this time.

Pisces (February 19 to March 20) You've come to a place where you'll be facing important decisions that can affect your future. Rely on your strong moral compass to guide you toward making the right choices.

Born This Week: You're gifted with both natural wisdom and wit – a good combination for success as a writer or teacher and, most importantly, a parent.

NOW HERE'S A TIP

- Thanksgiving Tip: "Let one person be responsible for putting prep dishes, pots and pans in the dishwasher while another prepares the bird and side dishes for the table. You will be halfway done with dishes by the time the meal is over."
– MA in Washington
- "Bake stuffing in muffin tins for individual servings. Also, if your family is anything like mine, we love the crispy parts, and everyone will get some this way!"
– WG in Mississippi
- "If you host a large family holiday gathering and serve a lot of side dishes, try this trick to them hot while waiting for other items to finish in the oven. Simply

- cover the bottom of a clean ice chest with a few trivets or a couple kitchen towels, and set casseroles and oven-cooked meats inside. Most people use a cooler to keep things cold, but the insulation works just as well to keep hot things hot ... at least for a little while."
– ME in West Virginia
- "An oldie but a goodie, and certainly considerate of dear old Mom: In my family, you come to Thanksgiving dinner with your own plastic containers for leftovers. If you don't bring your own, you don't go home with tomorrow's lunch. Mom instituted this rule after the first Thanksgiving when all the kids had moved out. We practically cleaned her out of Tupperware!"
– EY in New Mexico
 - Recipe substitution: If you need 1 teaspoon of pumpkin pie spice, use 1/2 teaspoon cinnamon, 1/4 teaspoon ginger, 1/8 teaspoon nutmeg and 1/8 teaspoon ground cloves.

STRANGE BUT TRUE

- "Scotch" used to be a synonym for "thrifty" or "frugal." When cellophane tape was first invented, it was marketed during the Great Depression as "Scotch tape" since it could extend the life of objects and save you money.
- A grizzly bear has enough bite strength to crush a bowling ball.
- There is a psychological state called "helper's high" in which the act of giving produces endorphins in the brain that provide a mild version of a morphine high.
- Table tennis balls can travel off the paddle at a speed of 105.6 mph.
- From 1932 to 1967, there was a

- casino called the "Bullpen" in a stone building on the grounds of the Nevada State prison in Carson City, where inmates could play blackjack, craps, poker and bet on sports.
- When Frito-Lay introduced a compostable bag for its Sun Chips brand in 2010, consumers noticed that its crinkling and crackling was significantly louder than previous bags – testing, in fact, at 95 decibels, which is about as loud as a motorcycle! It was discontinued in 2011.
 - Scientists estimate that the average person is more than five times as likely to die in a hypothetical human species extinction event as in a car crash.
 - A man sued Warner Bros. – and won – after he was injured while fainting during a 1974 screening of *The Exorcist*.
 - The 700-year-old Starkenberger brewery in Tarrenz, Austria, has seven swimming pools filled with beer. The brewery, which is housed in an ancient castle, converted the old vats in the fermentation room to pools.
 - A 19th-century costume designer invented the horned Viking helmet.
 - In 1994, Chicago artist Dwight Kalb made a statue of singer Madonna from 180 pounds of ham.

THOUGHT FOR THE DAY

"A well-educated mind will always have more questions than answers."
– Helen Keller

TRIVIA TEST

1. **Measurements:** How many dry quarts are in a peck?

2. **Geography:** What's the name of the island where the Statue of Liberty stands?
3. **Music:** Which composer is known as "The Waltz King"?
4. **Geometry:** What is a three-sided polygon called?
5. **Astronomy:** What is it called when three celestial bodies are arranged in a straight line?
6. **Television:** How many Huxtable children were in the long-running *The Cosby Show*?
7. **Movies:** What's the name of the town in the *Halloween* horror movie series?
8. **Science:** What does the acronym FM stand for?
9. **Literature:** Which famous novel begins with the line, "Happy families are all alike; every unhappy family is unhappy in its own way"?
10. **General Knowledge:** What color is alabaster?

TRIVIA ANSWERS

1. Eight 2. Liberty Island 3. Johann Strauss II 4. A triangle 5. Szyzgy 6. Five 7. Haddonfield, Illinois 8. Frequency modulation 9. Anna Karenina 10. White

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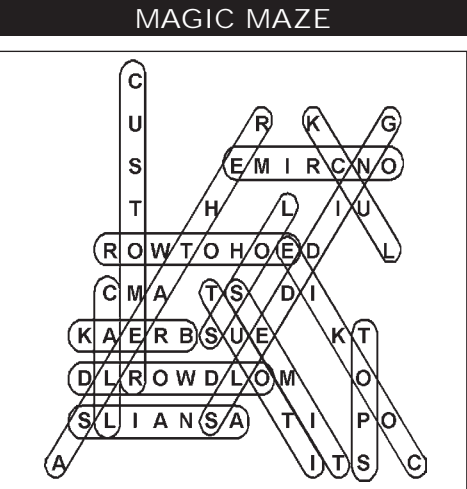
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SUPER CROSSWORD

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KING CROSSWORD

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SUDOKU

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8	7	2	3	1	6	5	9	4
9	1	5	8	2	4	3	7	6
6	3	4	9	5	7	1	2	8

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Bonita Beach	Bonita Springs	1981	1,968	\$4,750,000	\$4,750,000	0
Bonita Beach	Bonita Springs	1978	2,991	\$4,250,000	\$4,250,000	0
Navona	Miromar Lakes	2016	3,619	\$2,700,000	\$2,700,000	0
Admiral's Isle	Fort Myers	2002	4,171	\$2,450,000	\$2,237,500	40
Edgewater	Fort Myers	1996	4,180	\$1,999,999	\$2,025,000	51
Bayshore Village	Sanibel	2002	3,833	\$1,995,000	\$2,015,000	3
Harbour Cottages	Sanibel	1987	2,232	\$1,999,000	\$1,895,000	1
West Cape Estates	Cape Coral	2016	3,639	\$1,999,000	\$1,850,000	106
Seagull Bay	Bokeelia	1914	3,700	\$1,900,000	\$1,750,000	110
Triple R Acres	North Fort Myers	2020	2,836	\$1,700,000	\$1,680,000	15

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